



Judit Emma Boda-Ujlaky, PhD

- assistant professor
- Department of Psychology and Sport Psychology
- Year of birth: 1977

Qualifications, academic degrees

University degrees

- Loránd Eötvös University, Budapest, Psychologist, 2002
- Loránd Eötvös University, Budapest, Cultural Manager, 2002
- University of Western Hungary, teacher of Italian language and literature, 2008
- Semmelweis University, Budapest – sport psychologist, 2011

Academic degrees and titles

- University of Pécs, PhD in Social Psychology, 2014

Professional career

Previous and current jobs, positions and titles

- assistant lecturer, University of Western Hungary, Savaria University Center, Department of Psychology and Pedagogy, 2003-20082
- assistant lecturer, Gáspár Károli University of the Reformed Church, Department of Developmental and Educational Psychology, 2008-2013
- assistant lecturer, Semmelweis University, Faculty of Physical Education and Sports Sciences, from 2013
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Public activities at the university (board memberships, leadership positions)

- Committee of Research Ethics

Key study trips, missions

- University of New Mexico, Teaching Excellence Program (online, 2021)
- Pro Safe Sport + (Council of Europe), 2017

Awards, titles, honours



Language skills

language	speaking skills	writing skills	reading skills	take part in a media event?
English	advanced	advanced	advanced	yes
Italian	advanced	advanced	advanced	no

Research, expert activities

Major subjects and topics taught

- psychology of leadership
- health psychology
- research methodology in social sciences

Field and discipline

- Psychology
- Experimental, personality and social psychology

Current research topics

- emotions during physical activity
- emotions in perceptual decision making

Former research topics

- psychology of humor
- self-esteem

Key research

- fragile self-esteem and sport performance
- self-conscious emotions in perceptual decision making processes

Membership of a scientific or professional organisation or body

- Hungarian Psychological Association
- Hungarian Society of Sport Science

Editorial board memberships and positions

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Expert advisory activities



Publications

- My publications in MTMT (Catalogue of Hungarian Scientific Works)
<https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=10027458>

Contacts

University residence

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Other professional profiles

- LinkedIn:
- MTMT:
- Scholar:
- Other(s):

