



## Tamás Katus

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- Assistant Professor
- Department of Gymnastics-RG-Dance-Aerobics
- Management mandate:
- Year of birth: 1971

### Qualifications, academic degrees

#### University degrees

- university physical education teacher's degree,
- college mathematics teacher's degree
- aerobics college coaching degree

#### Academic degrees and titles

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### Professional career

#### Previous and current jobs, positions and titles

- Head of The Sportaerobics Department of Forma Fitt SE and TFSE
- fitness aerobics instructor, lecturer on events
- Head of the Coaching Committee of Hungarian Gymnastics Federation Aerobic Discipline (2005–2009)
- President of the Hungarian Gymnastics Federation Aerobic Discipline (2009–2015)
- Member of Hungarian Olympic Committee, Leisure Port Section (2012–2017)
- Member of the Board of TFSE (2013–2020)
- MALESZ (Hungarian Aerial Sport Federation) President (2018–)
- POSA (International Pole Sport Federation) Vice President (2019–)
- Member of POSA (International Pole Sport Federation) Technical Committee, International Judge (2016–)

#### Public activities at the university (board memberships, leadership positions)

- Member of the Board of TFSE (2013-2020)

#### Key study trips, missions

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### Awards, titles, honours

- 1994 – 2001 As a member of the Hungarian National Team, he was a trio of six-time World and two-time European Champion and four-yearly World Games winner.
- TF-MOB (Hungarian Olympic Committee) Coaching Award (2009)
- Kerecsi Endre Award (2015)

### Language skills

language	speaking skills	writing skills	reading skills	take part in a media event?
english	advanced	advanced	advanced	yes

### Research, expert activities

#### Major subjects and topics taught

- aerobics
- teaching methods of group classes
- functional anatomy

#### Field and discipline

- sport
- bodyculture

#### Current research topics

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#### Former research topics

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#### Key research

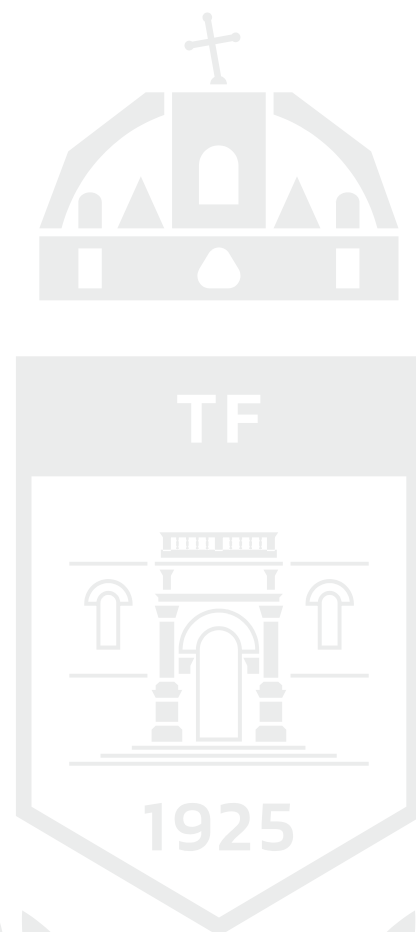
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#### Membership of a scientific or professional organisation or body

- listed above

#### Editorial board memberships and positions

- Author of program requirements of the following professions:  
fitness instructor



group fitness instructor  
personal trainer  
aqua trainer  
dance instructor  
fitness-wellness instructor

Expert advisory activities

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## Publications

- My publications in MTMT (Catalogue of Hungarian Scientific Works) ([link](#))

## Contacts

University residence

- Building: K2
- Room: 23
- Phone number(s):
- E-mail address: [katus.tamas@tf.hu](mailto:katus.tamas@tf.hu)

## Other professional profiles

- LinkedIn:
- MTMT:
- Scholar:
- Other(s):

