

| Semester | Nr. | Physical Training BA (2025)                         | Total       | Theory     | Practice   | Credit     | Type of Exam | Preliminary study                         | Course Leader                    |
|----------|-----|-----------------------------------------------------|-------------|------------|------------|------------|--------------|-------------------------------------------|----------------------------------|
| 1.       | 1.  | Injury Prevention and First Aid                     | 26          |            | 26         | 3          | P            |                                           | Dr. Zsolt Komka                  |
|          | 2.  | Anatomy I.                                          | 39          | 26         | 13         | 3          | C            |                                           | Dr. Leila Seres Mészárosné       |
|          | 3.  | Selected Sport - Theory and Practice I.             | 52          | 16         | 36         | 6          | P            |                                           |                                  |
|          | 4.  | Gymnastic Exercises                                 | 26          |            | 26         | 3          | P            |                                           | Dr. Katalin Rácz                 |
|          | 5.  | Games in Training                                   | 26          |            | 26         | 3          | P            |                                           | Dr. János Tóth                   |
|          | 6.  | Introduction to Pedagogy                            | 26          | 26         |            | 2          | C            |                                           | Prof. Dr. Pál Hamar              |
|          | 7.  | Introduction to Psychology                          | 26          | 26         |            | 3          | C            |                                           | Dr. Noémi Gyömbér                |
|          | 8.  | Navigating University Life: Learning with TF Values | 12          |            | 12         | 1          | P            |                                           | Dr. habil Ákos Cserny            |
|          | 9.  | Information Technology (IT)                         | 26          |            | 26         | 3          | P            |                                           | Dr. Bence Kopper                 |
|          | 10. | Elective I.                                         | 26          |            | 26         | 3          | P            |                                           |                                  |
|          |     |                                                     | <b>285</b>  | <b>94</b>  | <b>191</b> | <b>30</b>  |              |                                           |                                  |
| 2.       | 1.  | Anatomy II.                                         | 39          | 26         | 13         | 3          | C            | Anatomy I.                                | Dr. Leila Seres Mészárosné       |
|          | 2.  | Biochemistry                                        | 26          | 26         |            | 3          | C            |                                           | Dr. Leila Seres Mészárosné       |
|          | 3.  | Basics of Social Sciences                           | 52          | 52         |            | 7          | C            |                                           | Dr. Tamás Dóczi                  |
|          | 4.  | Prevention and Rehabilitation                       | 26          |            | 26         | 2          | P            |                                           | Dr. Leila Seres Mészárosné       |
|          | 5.  | Selected Sport - Theory and Practice II.            | 52          | 16         | 36         | 6          | P            | Selected Sport - Theory and Practice I.   |                                  |
|          | 6.  | Theory of Physical Education and Sport              | 26          | 26         |            | 3          | C            |                                           | Prof. Dr. Pál Hamar              |
|          | 7.  | Communication                                       | 26          | 10         | 16         | 3          | P            |                                           | Dr. habil Andrea Gál             |
|          | 8.  | Elective II.                                        | 26          |            | 26         | 3          | C            |                                           |                                  |
|          |     |                                                     | <b>273</b>  | <b>156</b> | <b>117</b> | <b>30</b>  |              |                                           |                                  |
| 3.       | 1.  | Biomechanics                                        | 39          | 26         | 13         | 3          | C            |                                           | Dr. Bence Kopper                 |
|          | 2.  | Physiology I.                                       | 39          | 39         |            | 3          | C            |                                           | Dr. habil Zsuzsanna Kneffel      |
|          | 3.  | Theory of Education                                 | 26          | 26         |            | 3          | C            |                                           | Dr. Livia Borosán                |
|          | 4.  | Selected Sport - Theory and Practice III.           | 52          | 16         | 36         | 6          | P            | Selected Sport - Theory and Practice II.  |                                  |
|          | 5.  | Field Practice I.                                   | 50          |            | 50         | 3          | P            |                                           |                                  |
|          | 6.  | Motor Control and Movement Learning                 | 26          | 10         | 16         | 3          | P            |                                           | Dr. Bence Kopper                 |
|          | 7.  | General Management Issues In Sport                  | 26          | 26         |            | 3          | C            |                                           | Dr. Nikoletta Sipos-Onyestyák    |
|          | 8.  | Strategy and tactics                                | 26          |            | 26         | 3          | P            |                                           | Prof. Dr. Tamás Sterbenz         |
|          | 9.  | Elective III.                                       | 26          |            | 26         | 3          | P            |                                           |                                  |
|          |     |                                                     | <b>310</b>  | <b>143</b> | <b>167</b> | <b>30</b>  |              |                                           |                                  |
| 4.       | 1.  | Physiology II.                                      | 39          | 39         |            | 3          | C            | Physiology I.                             | Dr. habil Zsuzsanna Kneffel      |
|          | 2.  | Sport Pedagogy                                      | 26          | 26         |            | 3          | P            | Introduction to Pedagogy                  | Prof. Dr. István Soós            |
|          | 3.  | Sport Psychology                                    | 26          | 26         |            | 3          | C            | Introduction to Psychology                | Dr. Krisztina Kovács             |
|          | 4.  | Selected sport - Theory and Practice IV.            | 52          | 16         | 36         | 6          | P            | Selected Sport - Theory and Practice III. |                                  |
|          | 5.  | Field Practice II.                                  | 50          |            | 50         | 3          | P            |                                           |                                  |
|          | 6.  | Motor Development                                   | 26          | 8          | 18         | 3          | P            |                                           | Prof. Dr. László Tóth            |
|          | 7.  | Fundamentals of Marketing                           | 26          | 26         |            | 3          | P            |                                           | Dr. Nikoletta Sipos-Onyestyák    |
|          | 8.  | Developmental Psychology                            | 26          | 10         | 16         | 3          | P            | Introduction to Psychology                | Dr. Noémi Gyömbér                |
|          | 9.  | Youth Developmental Sport Programs                  | 26          |            | 26         | 3          | P            |                                           | Prof. Dr. Gábor Géczi            |
|          |     |                                                     | <b>297</b>  | <b>151</b> | <b>146</b> | <b>30</b>  |              |                                           |                                  |
| 5.       | 1.  | Sport Sociology                                     | 26          | 26         |            | 2          | C            |                                           | Dr. habil Andra Gál              |
|          | 2.  | Selected Sport - Theory and Practice V.             | 52          | 16         | 36         | 6          | P            | Selected sport - Theory and Practice IV.  |                                  |
|          | 3.  | Field Practice III.                                 | 50          |            | 50         | 3          | P            |                                           |                                  |
|          | 4.  | Training Theory I.                                  | 39          | 26         | 13         | 3          | C            |                                           | Prof. Dr. Zsolt Radák            |
|          | 5.  | Introduction to Research Methods and Statistics     | 52          |            | 52         | 5          | P            |                                           | Dr. Bence Kopper                 |
|          | 6.  | Thesis I.                                           | 0           |            | 0          | 5          | P            |                                           |                                  |
|          | 7.  | Athletes with Special Educational Needs             | 26          |            | 26         | 3          | P            |                                           | Yvette Csepela Budainé           |
|          | 8.  | Specialties of Coach.Diff. Age-groups I.            | 26          |            | 26         | 3          | P            |                                           | Prof. Dr. Csaba Sós              |
|          |     |                                                     | <b>271</b>  | <b>68</b>  | <b>203</b> | <b>30</b>  |              |                                           |                                  |
| 6.       | 1.  | Selected Sport - Theory and Practice VI.            | 52          | 16         | 36         | 6          | P            | Selected Sport - Theory and Practice V.   |                                  |
|          | 2.  | Field Practice IV.                                  | 50          |            | 50         | 3          | P            |                                           |                                  |
|          | 3.  | Fundamentals of Sports Analysis and Digitalization  | 39          |            | 39         | 4          | P            |                                           | Dr. Erika Kendelényi-Gulyás      |
|          | 4.  | Training Theory II.                                 | 39          | 26         | 13         | 3          | C            |                                           | Dr. Sándor Sáfár                 |
|          | 5.  | Sportdietetics                                      | 26          | 26         |            | 2          | C            | Physiology II.                            | Prof. Dr. Márta Szmodis Bartusné |
|          | 6.  | Thesis II.                                          | 0           |            | 0          | 5          | P            |                                           |                                  |
|          | 7.  | Sport Management                                    | 26          | 26         |            | 2          | C            |                                           | Dr. Nikoletta Sipos-Onyestyák    |
|          | 8.  | Talent Education, Talent Management                 | 26          |            | 26         | 2          | P            |                                           | Yvette Csepela Budainé           |
|          | 9.  | Specialties of Coach.Diff. Age-groups II.           | 26          |            | 26         | 3          | P            |                                           | Prof. Dr. Csaba Sós              |
|          |     |                                                     | <b>284</b>  | <b>94</b>  | <b>190</b> | <b>30</b>  |              |                                           |                                  |
|          |     |                                                     | <b>1720</b> | <b>706</b> | <b>884</b> | <b>180</b> |              |                                           |                                  |