

SPORT COACHING, BSC
BASKETBALL

Topics of the basketball theory oral (30 points) and written test (30 points) exam

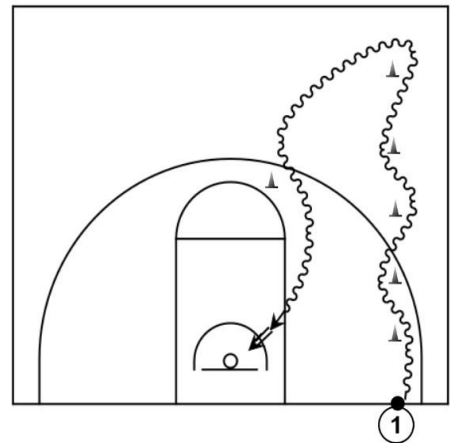
1. International history of basketball.
2. Current rules of basketball, with special attention to the latest rule changes.
3. Significant results of international basketball competitions, personalities of great coaches and players.
4. The emergence of coordination skills in basketball.
5. The emergence of conditional skills in basketball.
6. Technical elements of offensive players.
7. Technical elements of defensive players.
8. Names of basketball players by position and their brief description.
9. Offensive tactical systems and elements.
10. Defensive tactical systems and elements, types of defense.

Recommended literature

- [FIBA Events History Search | FIBA Basketball](https://www.fiba.basketball/en/history) <https://www.fiba.basketball/en/history>
- [Basketball History](https://www.worldofbasketball.org/basketball-history.htm) <https://www.worldofbasketball.org/basketball-history.htm>
- [FIBA](https://refereeing.fiba.basketball/en/rules) (Basketball rules) <https://refereeing.fiba.basketball/en/rules>
- [WABC Coaching Courses | About FIBA](#)

Tasks of the Basketball practical exam (90 points)

Exercise 1: dribbling from a basketball baseline, slalom dribbling to the half court, turning while dribbling towards the rim, changing direction while dribbling with a crossover at the corner of the restricted area (paint), left-handed layup. Execution with the opposite hand and to the side. The applicant has two attempts on both sides.



Exercise 2: 3 free throws.

Exercise 3: 3-on-3 game for 5 minutes half court according to 3x3 basketball rules.

(Practical exam evaluation is based on correct technical execution)