



## Enikő Fejes

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- Assistant lecturer
- Department of Psychology and Sport Psychology
- Year of birth: 1975

### Qualifications, academic degrees

#### University degrees

- 2007–2009 Sport, Exercise and Performance Psychologist Semmelweis University, Faculty of Physical Education and Sport Sciences, Department of Psychology, Budapest
- 2006–2008 Work and Organizational Psychologist Budapest University of Technology and Economist, Faculty of Economic and Social Sciences, Department of Ergonomics and Psychology, Budapest.
- 1997–2002 Psychologist, Psychology teacher University of Debrecen, Institute of Psychology, Debrecen.

#### Other qualifications

- Training group leader/Trainer – Synalorg Management and Human Organizational Development Psychological Counselling, Budapest (Róbert Barlai)
- Autogenic Training – Relaxation Techniques Hungarian Association of Relaxation and Symbol Therapy, Budapest.

#### Academic degrees and titles

- Pre-degree certificate: Doctorate Course (PhD) University of Debrecen, Doctoral School of Humanities, Doctoral Program of Psychology

### Professional career

#### Previous and current jobs, positions and titles

- Hungarian University of Sports Science, Department of Sport Psychology, Assistant lecturer
- Sport psychologist (sport coaching – mental preparation: individual and team sports, training, coach training, leadership training, stress management, well-being, organizational development)

- Work and Organizational Psychologist Hungarian National Police Headquarters
- University of Debrecen, Institute of Psychology, Assistant lecturer

Public activities at the university (board memberships, leadership positions)

- 1
- 2

Key study trips, missions

- 1
- 2

Awards, titles, honours

- 1
- 2

Language skills

language	speaking skills	writing skills	reading skills	take part in a media event?
English	C1	C1	C1	-
German	A1	A1	A1	-

Research, expert activities

Major subjects and topics taught

- Subject of Sport Psychology
- Methods of Psychology

Field and discipline

- Sport psychology

Current research topics

- Positive Psychology

Former research topics

- Well-being

Key research

- 1



- 2

Membership of a scientific or professional organisation or body

- Hungarian Psychological Association

Editorial board memberships and positions

- 1
- 2

Expert advisory activities

- Expert advisor in Sport Psychology and Work and Organizational Psychology as freelancer

## Publications

My publications in MTMT (Catalogue of Hungarian Scientific Works)

- Budavári Takács I., Fejes E., Kiss I.: A munka-és magánélet egyensúlyának kialakítása, problémák. In.: Lakatosné, Szuhai Györgyi, Poór, József (szerk.) Tudatos életvezetés – Projektszemlélet a magánéletben. Győr, Magyarország, Publio Kiadó (2017) 629 p. pp. 95–118. 24p.  
<https://m2.mtmt.hu/gui2/?mode=browse&params=publication;3220721>
- Deutsch Sz., Fejes E., Kun Á., Medvés D.: A jóllétet meghatározó tényezők vizsgálata egészségügyi szakdolgozók körében. Alkalmazott Pszichológia. 15. (2): 49–71.
- Fejes E., Fedor Gy. A tréning alkalmazása a szervezetekben: A kezdetektől napjainkig. In: (szerk. Balázs K.) Alkalmazott Pszichológiai Tanulmányok a Szociál-és Munkapszichológia Tanszék fennállásának 25. évfordulójára. p. 71–86.
- Fedor Gy., Fejes E. A coaching módszerének újabb alkalmazási lehetőségei a szervezetekben. In: (szerk. Balázs K.) Alkalmazott Pszichológiai Tanulmányok a Szociál-és Munkapszichológia Tanszék fennállásának 25. évfordulójára. p. 51–69.

## Contacts

University residence

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## Other professional profiles

- LinkedIn:

- MTMT:
- Scholar:
- Other(s):

