



Prof. Dr. Balázs Sonkodi, MD, PhD, MBA

- *Research Professor*
- *Department of Health Sciences and Sport Medicine*
- *Year of birth: 1970*

Qualifications, academic degrees

University degrees

- *University of Szeged, School of Medicine, Szeged, Hungary – Doctor of Medicine (MD)*
- *Truman State University, Kirksville, Missouri, USA – Finance, Economics – Bachelor of Science (BSc)*
- *Case Western Reserve University, Cleveland, Ohio, USA – Master of Business Administration (MBA)*

Academic degrees and titles

- *PhD – Hungarian University of Sports Science*
- *Occupational health physician (OHP)*

Professional career

Previous and current jobs, positions and titles

- *2026– Research Professor – Department of Health Sciences and Sport Medicine, Hungarian University of Sports Science*
- *2025– Senior Research Associate – Institute of Physiotherapy and Sport Science, University of Pécs*
- *2025– Senior Research Associate – Physical Activity Research Group, Szentágothai Research Center, University of Pécs*
- *2024–2026 Senior Research Associate – Department of Health Sciences and Sport Medicine, Hungarian University of Sports Science*
- *2023– Research Associate – Department of Sports Medicine, Semmelweis University*
- *2000–2005 Lecturer – School of Public Health, University of Debrecen*



Language skills

language	speaking skills	writing skills	reading skills	take part in a media event?
English	excellent	excellent	excellent	yes

Research, expert activities

Field and discipline

- Exercise science
- Neuroscience

Current research topics

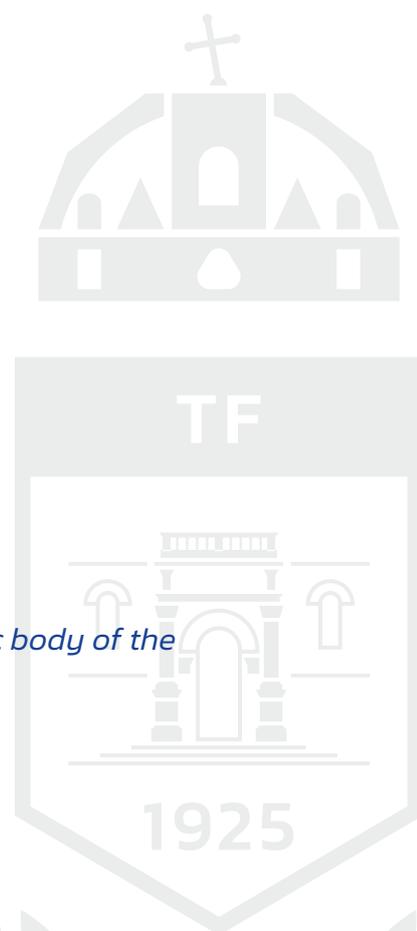
- Delayed-onset muscle soreness (DOMS)
- Non-contact injuries
- Amyotrophic lateral sclerosis (ALS)
- Dry eye disease (DED)
- Autoimmune diseases
- Autonomic nervous system
- Neuroimmunology
- Pain

Former research topics

- Cardiovascular epidemiological studies
- Worksite epidemiological studies

Membership of a scientific or professional organization or body

- Hungarian Academy of Sciences, member of the public body of the
- Hungarian Neuroscience Society, member
- Hungarian Society of Sports Medicine, member
- Hungarian Society of Sport Science, member
- Hungarian Pain Society, member
- American College of Sports Medicine, member
- Federation of European Neuroscience Societies, member
- Society for Tennis Medicine and Science, member



Publications

- My publications in MTMT (Catalogue of Hungarian Scientific Works): <https://m2.mtmt.hu/api/author/10077576>
- 40 scientific publications with a cumulative impact factor of 158
- Citations in MTMT2: 543
- Hirsch index: 14

Contacts

University residence

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- Phone number(s): +36 1 487-9275
- E-mail address: bsonkodi@gmail.com

Other professional profiles

- MTMT: <https://m2.mtmt.hu/api/author/10077576>
- Google Scholar: [Balazs Sonkodi](#)
- Research Gate: <https://www.researchgate.net/profile/Balazs-Sonkodi>

