



Balázs Sonkodi, MD, PhD, MBA

- Senior Research Associate
- Department of Health Sciences and Sport Medicine
- Year of birth: 1970

Qualifications, academic degrees

University degrees

- University of Szeged, School of Medicine, Szeged, Hungary – Doctor of Medicine (MD)
- Truman State University, Kirksville, Missouri, USA – Finance, Economics – Bachelor of Science (BSc)
- Case Western Reserve University, Cleveland, Ohio, USA – Master of Business Administration (MBA)

Academic degrees and titles

- PhD – Hungarian University of Sports Science
- Occupational health physician (OHP)

Professional career

Previous and current jobs, positions and titles

- 2025– Senior Research Associate –
- 2024– Senior Research Associate – Department of Health Sciences and Sport Medicine, Hungarian University of Sports Science
- 2023– Research Associate – Department of Sports Medicine, Semmelweis University
- 2000–2005 Lecturer – School of Public Health, University of Debrecen

Language skills

language	speaking skills	writing skills	reading skills	take part in a media event?
English	excellent	excellent	excellent	yes

Research, expert activities

Field and discipline

- *Exercise science*
- *Neuroscience*

Current research topics

- *Delayed-onset muscle soreness (DOMS)*
- *Non-contact injuries*
- *Amyotrophic lateral sclerosis (ALS)*
- *Dry eye disease (DED)*
- *Autoimmune diseases*
- *Autonomic nervous system*
- *Neuroimmunology*
- *Pain*

Former research topics

- *Cardiovascular epidemiological studies*
- *Worksite epidemiological studies*

Membership of a scientific or professional organization or body

- *Hungarian Academy of Sciences, member of the public body of the*
- *Hungarian Neuroscience Society, member*
- *Hungarian Society of Sports Medicine, member*
- *Hungarian Society of Sport Science, member*
- *Hungarian Pain Society, member*
- *American College of Sports Medicine, member*
- *Federation of European Neuroscience Societies, member*
- *Society for Tennis Medicine and Science, member*

Publications

- *My publications in MTMT (Catalogue of Hungarian Scientific Works):*
<https://m2.mtmt.hu/api/author/10077576>
- *40 scientific publications with a cumulative impact factor of 155*
- *Citations in MTMT2: 451*
- *Hirsch index: 14*

Contacts

University residence

- *Building: L5*



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- *E-mail address: bsonkodi@gmail.com*

Other professional profiles

- *MTMT: <https://m2.mtmt.hu/api/author/10077576>*
- *Google Scholar: Balazs Sonkodi*
- *Research Gate: <https://www.researchgate.net/profile/Balazs-Sonkodi>*

