



## Márta Szmodis, PhD

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- Associate Professor
- Department of Health Sciences and Sport Medicine
- Director of Institute for Sport and Health Sciences
- 1965

### Qualifications, academic degrees

#### University degrees

- Eötvös Loránd University, Faculty of Science, Biology–Geography

#### Academic degrees and titles

- PhD
- Habilitation

### Professional career

#### Previous and current jobs, positions and titles

- University of Physical Education, Department of Medical Sciences – Research Assistant 1988–2000
- Semmelweis University, Faculty of Sport Sciences, Department of Health Sciences and Sport Medicine – Research Fellow 2000–2005
- Semmelweis University/ University of Physical Education/Hungarian University of Sports Science, Department of Health Sciences and Sport Medicine – Associate Professor 2005–

#### Public activities at the university (board memberships, leadership positions)

- Member of Senate 2014–
- Member of Council of Institute for Sport and Health Sciences, 2017–
- Director of Institute for Sport and Health Sciences 2021–

#### Awards, titles, honours

- Award of Kerecsi Imre

### Language skills



language	speaking skills	writing skills	reading skills	take part in a media event?
English	intermediate	intermediate	intermediate	no
Russian	basic	basic	basic	no

## Research, expert activities

### Major subjects and topics taught

- Humanbiology, Kinanthropometry, Life Cycles, Age-Specific Sport Skills
- Nutrition Science, Sport Nutrition
- Genetics

### Field and discipline

- Sport and Health Science, Biology
- Humanbiology, Physiology
- Genetics

### Current research topics

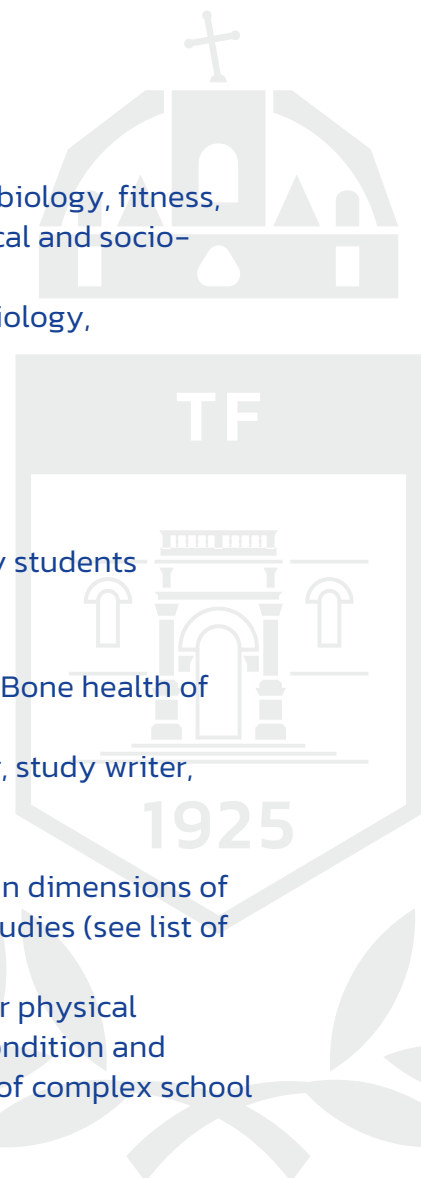
- Complex examination of adolescent athletes – human biology, fitness, physiology, stress-physiology, nutritional, psychological and socio-economic surveys
- Genomic and physiological (physiology, exercise physiology, anthropometry) examination of elite athletes

### Former research topics

- Complex examination of children' health status
- Examination of adolescent athletes
- Physical activity, lifestyle and stress level of university students

### Key research

- Two MSTT applications won (Lifestyle of preschoolers; Bone health of young athletes) – 2003, 2010
- Participation (professional supervisor, expert, reviewer, study writer, member) – TÁMOP, EFOP, OTKA, TUDFO applications)
- II. National Growth Survey (OTKA member)
- TÁMOP-6.1.2 / 11 / 2-2012-0002. Exploring the Hungarian dimensions of physical activity and sport. (professional supervisor, studies (see list of publications))
- TÁMOP-3.1.13-12-2013-0001. Develop a new strategy for physical education and a new system for measuring physical condition and encourage voluntary participation in the organization of complex school



exercise programs (expert, reviewer, study writer (see list of publications))

- Examinations of PhD students

Membership of a scientific or professional organisation or body

- Hungarian Society of Sport Science
- Hungarian Biological Society
- European Anthropological Association (EAA)

Editorial board memberships and positions

- Hungarian Review of Sport Science – Editor-in-Chief
- Hungarian Sports Science Booklets – Editor

Expert advisory activities

- TÁMOP-6.1.2.A-14 / 1-2014-0001. Total School Health Promotion (TSHP). (expert)
- EFOP 3.2.8.-16-2016-00001 T.E.S.I. Interventions for the implementation of quality (inclusive) physical education and training (expert, professional implementation)
- EFOP 3.2.10.-16. Talent development through sport (expert)
- TÁMOP-3.1.19-15 / 1-2015-0001. Content and methodological development, as well as in-service teacher training in the field of everyday physical education (methodological subproject development tasks)
- TUDFO / 51757/2019-ITM project (professional implementation)

## Publications

- My publications in MTMT (Catalogue of Hungarian Scientific Works) (link) <https://m2.mtmt.hu/frontend/#view/Publication/SmartQuery/1127/>

## Contacts

University residence

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- Room: I. 10.
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- E-mail address: [szmodis@tf.hu](mailto:szmodis@tf.hu); [szmodis.marta@tf.hu](mailto:szmodis.marta@tf.hu)

## Other professional profiles

- MTMT: <https://m2.mtmt.hu/frontend/#view/Publication/SmartQuery/1127/>
- Research Gate: <https://www.researchgate.net/profile/Szmodis-Marta>
- Orcid: <https://orcid.org/my-orcid?orcid=0000-0002-0889-6417>