



## Dr. Zsuzsa Olexó

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- <Role>
- <Department of Health Sciences and Sport Medicine>
- Management mandate:
- Year of birth: 1959

### Qualifications, academic degrees

#### University degrees

- 1985: Medical Doctor, MD, Budapest Semmelweis University Budapest, Faculty of Medicine
- 1993: BSc in Mathematics, Eötvös Lóránd University, Budapest, Faculty of Science

#### Academic degrees and titles

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### Professional career

#### Previous and current jobs, positions and titles

- 1985 – Hungarian University of Sport Sciences, Department of Health Sciences and Sport Medicine

#### Public activities at the university (board memberships, leadership positions)

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#### Key study trips, missions

- 1986–87: research fellow in Österreichische Institut für Sportmedizin, Vienna

#### Awards, titles, honours

- 1997: Certificate of Merit the Hungarian Society of Sports Medicine
- 2023: Rector's commendation

### Language skills



<i>language</i>	<i>speaking skills</i>	<i>writing skills</i>	<i>reading skills</i>	<i>take part in a media event?</i>
<i>English</i>	<i>B1</i>	<i>B1</i>	<i>B1</i>	
<i>German</i>	<i>B2</i>	<i>B2</i>	<i>B2</i>	

## *Research, expert activities*

### *Major subjects and topics taught*

- *Biochemistry, biological basic knowledge*
- *Prevention, health sciences*
- *Exercise physiology*

### *Field and discipline*

- *Physiology, sport physiology*
- *sport medicine*
- *exercise medicine*

### *Current research topics*

- *Exercise in medicine, Evaluation of Physical activity in health individuals and patients*
- *Prevention of Cardiovascular diseases*

### *Former research topics*

- *Echocardiographic characteristic of athletes*
- *Dietary habits of athletes*

### *Key research*

- *Physiological background of exercise and physical activity*
- *Scientific expert in VEKOP-2.1.1-15-2016-00103 Project: "The role of physical activity in cardiology rehabilitation, measurement of fitness levels with an application. Development of ambulatory cardiology rehabilitation protocol, development of support technologies with ICT equipments and evaluation of their effectiveness"*

### *Membership of a scientific or professional organisation or body*

- *Hungarian Society of Sport Science*
- *Hungarian Society of Sports Medicine*
- *Hungarian Society of Nutrition*

### *Editorial board memberships and positions*



- *Hungarian Review of Sports Medicine*

#### *Expert advisory activities*

- *My publications in MTMT (Catalogue of Hungarian Scientific Works – link)*
- 2

### *Publications*

- *My publications in MTMT (Catalogue of Hungarian Scientific Works)*
- *international and Hungarian articles: 17*
- *Cumulative impact factor: 18,98*
- *Independent citation: more than 70*
- *Hirsch index: 5*

### *Contacts*

#### *University residence*

- *Building: L5*
- *Room: 107*
- *Phone number(s):*
- *E-mail address: olexo.zsuzsanna@tf.hu*

### *Other professional profiles*

- *LinkedIn:*
- *MTMT:*
- *Scholar:*
- *Other(s):*

