

SESSIONS

TUESDAY, 28 APRIL 2026

13.30-15.15 Session: Sport and Performance I. Room C2-101 Athen I.

Chair: Prof. Dr. Zsolt Radák; Members: Dr. habil. Zsuzsanna Kneffel, Dr. Bence Kopper

1. **Emmanuel Appiah-kubi:** The Evolution Of Goalkeeping In Elite Football: Comparing Traditional Shot-Stopping And Modern Ball-Playing Methodologies Through Goals Conceded And Clean Sheets (2000-2025)
2. **Ann Mary Babu, Sachal Sadiq Najaf:** Effect of a 10-Week Yoga Intervention on Sedentary Behaviour, and Physical Activity in University Students.
3. **Wang Haoyu:** Relationship between Workload Characteristics and Match Intensity Performance in Elite Male Field Hockey Players Based on GPS Monitoring: A Study for the 15th National Games
4. **Tan HuangXin, Tian QianXia:** Between Accuracy and Authority: How Video Assistant Referee (VAR) Transforms Refereeing, Home Advantage, and Spectatorship in Football
5. **Szabina Blanka Laczkó:** Examining the relationship between postural stability, handgrip strength, and throwing accuracy in 7–8-year-old handball players
6. **Vanda Laskai:** Assessment of Bilateral Morphological and Functional Asymmetries in Squash Players

13.30-15.15 Session: Sport Management Room C2-104 Athen II.

Chair: Prof. Dr. Gábor Géczji; Members: Dr. Gergely Csurilla, Dr. Erika Kendelényi-Gulyás

1. **Eszter Fekesházy:** Social and geographical patterns of spectators at the Swimming World Championships in Budapest
2. **Laura Mázik:** FROM PERFORMANCE TO HEALTH PRESERVATION: ANALYZING THE HUNGARIAN DIETARY SUPPLEMENT MARKET
3. **Máté Milán Oláh:** Beyond Quotas: The Role of Sporting Capital in the Gendered Leadership of International Athletics
4. **Petra Pintér:** Challenges, opportunities, and legacy of organizing sporting events: an examination of the 2022 Men's European Handball Championship
5. **Marcell Rázga, Máté Kovács, Máté Szőke:** Financing Structures and Fan Engagement: An Empirical Case Study of a Hungarian and a German Handball Club
6. **Miklós Zelcsényi:** A Comprehensive Analysis of Competitive Advantages in the Hungarian Participation Running Race Market from the Consumer Perspective

15.15-17.00 Session: Aging Room C2-101 Athen I.

Chair: Prof. Dr. Gábor Pavlik; Members: Dr. Tamás Horváth, Dr. Ferenc Torma

1. **Roland Mangold:** Effects of a combined resistance training program and creatine supplementation on the elderly population
2. **Michał Niedźwiecki, Marta Skurewicz, Wojciech Barton:** The Short-Circuit Solution: Combating Muscular and Neurological Decline in the Elderly with HICT - A 12 Week Training Intervention
3. **Rose Oveson, Marcus Dougherty, Alayna Figuerrez:** Common Health Indicators and Carotid Artery Intima-Media Thickness in an Active Elderly Population
4. **Michael Reyes, Sydney Black:** A Multiple-Linear Regression Model to Predict Carotid Artery IMT in a Population of Healthy and Active Seniors
5. **Aleksandra Stasiak, Marta Skurewicz-Palicka, Wojciech Barton:** A Single HIIT Session Activates Circulating Exerkines and Executive Function in Older Adults
6. **Natalie Unck, Sky Smith, Iris Profancik:** Knee Cartilage Thickness Is Not Related to Pain in Senior Athletes
7. **Cameron Williams, Brea Clark, Seery Kipp:** Structural and Mechanical Adaptations of the Plantar Fascia and Intrinsic Foot Muscles in Senior Athletes

15.15-17.00 Session: Biomechanics Room C2-104 Athen II.

Chair: Prof. Dr. Tibor Hortobágyi; Members: Dr. András Hegyi, Dr. Bálint Kovács

1. **Daisy Bohon, Lindsey Nelson, Allison Daley:** Optimizing Ultrasound Stiffness Measures of the Gastrocnemius and Soleus: How Many Images Are Enough?
2. **Cate Hansen, Sarah Mueller, Hadley Scoresby:** Lower-extremity Muscle Volumes and Maximal Countermovement Jump Biomechanics in Division I Football Players
3. **Bernadett Kurucz:** The impact of various training interventions on knee joint function in volleyball players
4. **Caitlin Larson, Rylie Bird:** In-Season Ballet Training Increases Hallux Flexion Strength Through Intrinsic and Extrinsic Muscle Use
5. **Dóra Mezei:** Investigation of the relationship between the female menstrual cycle, injury frequency, and physical performance
6. **London Richards, Mia E. Harper, Alexander Brown:** NCAA Division I American Football Player Positional Differences in Eccentric Hamstring Strength: A Multiteam Longitudinal Analysis
7. **Abigail Seager, Kate Robinson, Joseph Hammond:** Ultrasound Imaging Compared to MRI Demonstrates Validity for Calculating Anterior, Lateral, and Deep Posterior Lower Leg Muscle Compartment Volumes – A Preliminary Study

WEDNESDAY, 29 APRIL 2026

8.30-10.15 Session: Sport and Performance II. Room C001 Paris

Chair: Dr. Csaba Ökrös; Dr. Leonidas Petridis, Dr. habil. Martina Uvacsek

1. **Wang Haoyu:** Analysis of Match Load Characteristics and Physical Demands of Elite Male Field Hockey Players in Different Positions
2. **Tamás Horváth:** Effects of Holistic Training on Sprint Speed, Explosive Power, and CODS in Youth Football Players
3. **Tan HuangXin:** Analysis of Characteristics and Physical Demands of Clay Target Shooting
4. **Ally Saidy Mwasi:** Effects of a 6-Week Differential Passing Training Program on Passing Accuracy and Decision-Making in Youth Football Players in Moshi, Tanzania
5. **Luca Beatrix Rumbold:** The effect of anaerobic exercise on attention
6. **Flóra Bernadett Szabó:** Position-specific agility in soccer goalkeepers and its relationship with physical and cognitive factors: A pilot study
7. **Julia Wojciechowska, Sylwester Kujach, Marcin Łuszczuk:** The impact of interval training on physical performance

8.30-10.15 Session: Sport Management and Society Room C002 London

Chair: Dr. Tamás Dóczy; Members: Dr. Szilvia Perényi, Dr. habil. Andrea Gál

1. **Milana Berhe:** The Management of Sports Betting in Ethiopia: Governance, Institutional Performance, and Regulatory Accountability
2. **Márton Boldizsár, Alma Németh, Csaba Helembai:** Research and study experiences on sustainable environment – case of Thailand
3. **Mu I-Jung:** The Genesis of Fencing in Post-War Taiwan: Initial Promotion and Organizational Foundations (1968-1973)
4. **Bálint Karap:** Integrating Artificial Intelligence into Physical Education: Teacher Attitudes, Generational Differences, and Pedagogical Potential
5. **Ádám Molnár, György Jova:** Distant Fan Communities in Hungary: A Comparative Analysis of FC Barcelona and Real Madrid
6. **Mihály Richárd Szpin:** The Relationship Between Combat Sports and Religion
7. **Adrián Végh:** The Role of Folk Dance in the Development of Motor Skills – Based on the Opinions of Physical Education Teachers

10.45-12.45 Session: Sport Physiology Room C001 Paris

Chair: Prof. Dr. Miklós Tóth; Members: Dr. Tímea Kovács, Dr. Tímea Téglás

1. **Dávid Budai:** The Role of Box Breathing in Post-Activity Relaxation
2. **Allison Halterman, Grace Moore, Kelly Powell:** Futbol Cleats and Postural Changes Decrease Blood Flow to the Foot: Implications for Plantar Fasciopathy
3. **Lilla Kovács, Pardis Adibi:** IS IT BAD TO EAT BEFORE BEDTIME? - THE IMPACT OF DAILY NUTRITION ON OBJECTIVELY MEASURED SLEEP
4. **Beáta Molnár:** The impact of regular physical activity and other lifestyle factors on arterial health and body composition
5. **Rita Tarjányi:** The effect of sitting time and musculoskeletal complaints on core muscle strength among sports students
6. **Kristóf Tóth:** Cardioprotective and Regenerative Effects of Moderate-Intensity Physical Activity in Isoproterenol-Induced Myocardial Injury
7. **Julia Wootan, Raelyn Whiting, Brooke Dunham:** Whole-Body Vibration, Muscle Temperature, and Hamstring Flexibility: Examining a Proposed Mechanism

10.45-12.45 Session: Sport Psychology Room C002 London

Chair: Dr. Lilla Török; Members: Dr. Viktória Resperger, András Kiss

1. **Jelena Grkovic:** A Comprehensive Study of the Interplay Between Personality Development and Women's Ice Hockey at National and International Levels: Evidence from an Australian Research Context
2. **Botond Gyürki:** Life Skills Developed Through Sport: Exploring High School Students' Perceptions
3. **Réka Emese Kovács:** The Relationship Between Thought Suppression and Yoga
4. **Denissza Kurcz:** Shared bonds, shared benefits: the role of horse-rider relationship quality in mental health
5. **Lekgobo Masake, Attila Szabó, Neha Pirwani:** Exercise Addiction and Underlying Psychological Problems: A Systematic Review of Published Cases
6. **Denise Ungi:** Beyond physical recovery: Evaluating psychological flexibility in academic youth sport
7. **Máté Varga:** The Relationship Between Perfectionism, Achievement Motivation, and Locus of Control in the Performance of Junior and Adult Athletes
8. **Blanka Zákányi:** Motivational Profiles of Recreational and Competitive Young Adult Athletes

13.30-15.30 Session: Health Sciences - PhD Room C001 Paris

Chair: Dr. Erika Koltai; Members: Dr. Leonidas Petridis, Dr. Leila Seres

1. **Mohab Bakry, Sarolta Tóth-Farkas, Péter Dudás:** CPR Preparedness in Sports Science Students Baseline CPR Performance and Post Training Outcomes
2. **Barbara Berta:** Spine measurement in Male National Team Karate Athletes and Elite E-Sports Players
3. **Kinga Enyedi:** The effects of a folk dance–based intervention on cognitive function and neuronal biomarkers in older adults with MCI: A randomized controlled trial protocol
4. **Petra Halmi:** Long-Term Effects of Movement Development Programs on Visuomotor Coordination and School Readiness in Preschool Children
5. **Bence Molnár:** Monitoring Sleep Quality and Recovery in Youth Swimmers by Use of Artificial Intelligence (AI) and Big Data in Decision-Making
6. **Zhang Qingyuan:** Analyzing Fencing Tactics Through Mixed Strategy --Take elite Sabre athletes as an example
7. **Youssef Rezgani:** Use of the Artificial Intelligence in the Football Training: a Systematic Review
8. **Badis Soussi:** The Effect of the FIFA 11+ Warm-Up Program on Knee Instability and Motor Performance in Male Youth Soccer Players.

13.30-15.30 Session: Social Sciences - PhD Room C002 London

Chair: Dr. habil. Tamás Csányi; Members: Dr. Tamás Berki, Dr. Nikoletta Sipos-Onyestyák

1. **Orsolya Bogdany:** Ethnopolitics on Ice: Ice Hockey, Identity and Nation-Building in Transylvania and Hungary
2. **Ally Kabelwa:** Leisure and wellbeing status across Tanzania: Reframing Recreational accessibility
3. **Michubu Karwamba:** Shift in Sports Media Consumption and Its Implications for Physical Activity Adherence
4. **Ágoston Koch:** Physical activity as an investment: the impact of physical activity on healthcare expenditure
5. **János Novák:** Sport and Social Inclusion: Who Are We Helping, and How?
6. **Dorottya Borbála Rafáczné Gerics:** From the racetrack to the screens: analysing the digital presence of female and male racing drivers and riders in the social media
7. **Lina Takruri:** Impact of Built Environment on Physical Activity and Obesity in Hungarian and Jordanian Women: A Comparative study
8. **Ceren Temiz:** From Physical to Cyberbullying: A Multidimensional Analysis of PE Teacher Candidates' Perceptions and Intervention Intentions