

Name Katalin MIZERÁK PH.D



- <Role> Associate Professor
- <Department> Department of Physical Education, Gymnastics, RG, Dance and Aerobics,
- Management mandate: -
- Year of birth: 29/05/1972

Qualifications, academic degrees

University degrees

- 1 Teacher of Drama Pedagogy (2010) University of Theatre and Film, Budapest,
- 2 Secondary School Teacher Degree in Philosophy University of Miskolc, Institute of Humanities. Hungary, Miskolc-University, (1997)
- 3 Orientalist Lecturer (Mongolian major) Eötvös Loránd University, Faculty of Humanities. Hungary, (1997)

Academic degrees and titles

- 1 Ph.D. in Educational Sciences and Sports Science, Semmelweis University Budapest, (Ph.D. Year of award: 2005)

Professional career

Previous and current jobs, positions and titles

- 1. *University of Physical Education, Department of Physical Education, Gymnastics, RG, Dance and Aerobics,*
- Associate Professor (2019-)
- 2. *Hungarian Dance Academy - predecessor of the Hungarian Dance College, Institute of Choreography and Dance Teacher Training*
College Professor (2015-2019)
Associate Professor / Head of Department (2009-2015)
Deputy Head of Institute (2006-2018)
College Associate Professor / Head of Department (2006-2009)
College Senior Lecturer (2005-2006)
College Assistant Lecturer (2004-2005)
- 3. *Agnes Nagy, Art School*
Part-time Secondary School Teacher (2013-2017)
- 4 *Hungarian Institute for Educational Research and Development*
- subject-matter expert adviser teacher as editor and trainer of training materials (2014-2015)
- researcher analysing pedagogical, counselling competences and attitudes (2013-2014)
- 5 Educational Authority,
- Editor of the Portfolio Guide for the Teacher Career Model in Primary and Secondary Art Education (2014-2015)

- 6 Károli Gáspár University of the Reformed Church in Hungary,
– Faculty of Humanities, Department of Philosophy – assistant lecture,
Faculty of Theological Sciences and Faculty of Law and Political Sciences –
acting lecturer (2003–2011)
- 7 *Future Path Bilingual Tourism and Protocol Foundation Vocational School*
– Director (2001–2003)
- 8 *University of Physical Education and its successor Semmelweis*
University Budapest, Faculty of Physical Education and Sport Sciences,
Department of Social Sciences – assistant professor (1997–2001)

Public activities at the university (board memberships, leadership positions)

- 1 *Hungarian Dance Academy* – predecessor of the Hungarian Dance
College, Institute of Choreography and Dance Teacher Training, Deputy
Head of Institute (2006–2018)
- 2 *Hungarian Dance Academy*, – predecessor of the Hungarian Dance
College, Institute of Choreography and Dance Pedagogy, Head of
Department of Pedagogy (2006–2018)

Key study trips, missions

- 1 Guest lecturer at the University of Dramatic Arts (Universitatea de Artă
Teatrală), Târgu Mures. Subjects: *The didactics of dance education; Special*
school problems of dance (2nd semester 2011/2012)
- 2 *The Hungarian Eötvös State Scholarship* at the – University of Dramatic
Arts (Universitatea de Artă Teatrală), Târgu Mures. Work plan of the
application: *Introduction of drama and dance pedagogical methods that*
can be integrated into Hungarian – language art training beyond the
border in school-based and extra-curricular form. – (2nd semester
2010/2011)
- 3 *The Hungarian Eötvös State Scholarship.* Work plan of the application:
Application of project and drama pedagogical methods in art education
(Facilitation of curriculum development work: theoretical and technical
methodological research) Host partner institution: Pädagogische
Hochschule Ludwigsburg, (2nd Sem. 2009/2010)
- 4 ERASMUS Teacher Mobility Lifelong Learning Program at the University
of Education Ludwigsburg. *Presentation about the Hungarian Dance*
Academy; Exercises of Drama Pedagogy I-II: – Exercises for Skill
Development – The introduction of new didactic methods into artistic
teaching, relaxation exercises I-II in theatre pedagogy and dance
pedagogy. (2nd Sem. 2008/2009)
- 5 ERASMUS Teacher Mobility "Lifelong Learning" Programme. Guest
lecturer at the University of Dramatic Arts (Universitatea de Artă
Teatrală), Târgu Mures. Title of university lectures: *New art pedagogical*
methods I. – Practical application of the new art pedagogical methods II.
(2nd semester 2007/2008)

Awards, titles, honours

- 1 Teacher's Day Distinction (2017) for the preparation for the advanced level dance history exam and the national academic competition (South Buda School District Centre)

Language skills

language	speaking skills	writing skills	reading skills	take part in a media event?
Mongolian	C1	C1	C1	-
German	B1	B1	B1	-
English	A2	A2	A2	-

Research, expert activities

Major subjects and topics taught

- 1 History of Chinese body culture
- 2 Sport in dance, dance in sport (parallel biographies and methods)
- 3 Movement games and techniques
- 4 Body movement self-awareness
- 5 History of education
- 6 Theory of education
- 7 Specific problems of dance in schools
- 8 Didactics of dance education
- 9 History of dance
- 10 Arts Education
- 11 Drama pedagogy
- 12 Universal history of theatre
- 13 History of Eastern theatre
- 14 Eastern philosophy of religion
- 15 Eastern aesthetics
- 16 History of philosophy
- 17 Ethics
- 18 Philosophy of Religions
- 19 History of 19th century German philosophy
- 20 Eastern sports philosophy



Field and discipline

- 1 pedagogy
- 2 philosophy
- 3 history

Current research topics

- 1 History of Eastern body- and dance culture
- 2 Universal body- and dance culture history
- 2 History of Eastern warfare
- 3 History of artistic sports
- 5 History of complementary movement and dance techniques
- 6 Movement development techniques
- 7 Pre-stress playful movement development

Former research topics

- 1 Arts Education
- 2 Didactics of dance education
- 3 Gifted and Talented Education
- 4 Development of pedagogical competences and attitudes
- 5 Drama pedagogy and movement pedagogy development
- 6 History of Eastern theatre
- 7 History and philosophy of sport in Inner Asia

Key research

- 1 The History of China's Physical Culture and Sports (author) 141634 MEC_K-21 Subprogramme (2022-2023) Scientific Grant Application – Hungarian University of Physical Education and Sport Sciences
- 2 Stress management with active movement techniques textbook (co-author) MEC_K C_K-21 Subprogramme (2022-2023) Scientific patronage tender – Hungarian University of Physical Education and Sport Sciences
- 3 "Body Awareness in the Education of Artistic Sports (Women's Gymnastics, RG, Dance and Aerobics)" (co-author) MEC_K C_K-21 Subprogramme (2022-2023) Scientific Grant Application –
- 4 Cultural and Social Influences in 20th-21st Century Dance Art and Dance Pedagogy 132541 E (2019-2023) – Hungarian University of Dance Arts, Department of Pedagogy.
- 5 Project EFOP 3.2.6-16-2016-00001 "Promoting the development of students' skills in public educational institutions" (2016-2019) – Hungarian University of Dance
- 6 Reform pedagogy and life reform – reception tendencies, institutionalisation processes 111833 K (2015-2019) – Eötvös Loránd University Institute of Educational Sciences

- 7 TÁMOP 3.1.5. /12. priority project: audit and support for the teacher career / promotion system and the e-portfolio; renewal of professional services for teachers: expert advice and teacher training (2014–2015) Institute for Educational Research and Development (OFI)
- 8 TÁMOP 3.1.1 – Public education in the 21st century (development, coordination) Subproject 2: New type of counselling service (2013–2014) Institute for Educational Research and Development (OFI)
- 9 Dance Talent Management Research with the involvement of the Hungarian Dance Academy and its partner institutions. A book of studies on the research: Zsuzsa DEMARCSEK, Ferenc MEZŐ, Katalin MIZERÁK (2012): *DANCE-OK. Identification and nurture of dance talent.* (Volume of studies.) Cube Circle Talent Management Cultural Association. Faculty of General European Studies. Constatine the Philosopher University of Nitra, 1–313. ISBN: 978-615-5267-00-0

Membership of a scientific or professional organisation or body

- 1 The Hungarian Academy of Sciences, Dance Studies Committee
- 2 The Hungarian Academy of Sciences, Committee for Educational Sciences
- 3 The Hungarian Academy of Sciences, Scientific Committee for Education Drama Education Subcommittee
- 4 The National Artistic Talent Council

Editorial board memberships and positions

- 1 Hungarian Dance Studies Publications (Editorial Board, 2007–2017) Hungarian University of Dance. Budapest.
- 2 *Valéria Dienes, Gedeon Dienes, Márk Fenyves (2016) Dance reform in the attraction of movement art.* Moving Arts Series Duncan-Dienes Books 9. Orkestika Foundation, Budapest / Ágnes Boreczky - edited by Katalin MIZERÁK/.
- 3 VII Creation – reception – critique in dance, dance education and dance research. IV. Gábor Bolvári-Takács, János Fügedi, Katalin Mizerák, András Németh. Editor in charge: Perger Gábor Perger. Hungarian Dance Academy, Budapest, 2014. page 196. ISBN 978-963-89842-4-1.
- 4 *V. Culture – value – change in dance, dance education and dance research.* III International Dance Conference at the Hungarian Dance Academy 11–12 November 2011. Edited by Gábor Bolvári-Takács, János Fügedi, Katalin Mizerák, András Németh. Text editor: Gábor Perger. Hungarian Dance Academy, Budapest, 2013. 248. p. ISBN 978-963-85144-6-2.

- 5 IV. The metamorphosis of traditional dance culture in the 20th century. Scientific symposium at the Hungarian Dance Academy 11–12 June 2010. Edited by Gábor Bolvári–Takács, János Fügedi, Katalin Mizerák, András Németh. Text editor: Gábor Perger. Hungarian Dance Academy, Budapest 2013. Budapest, 2013. 192.p. ISBN 978–963–85144–5–5.
- 6 III Perspectives in dance, dance pedagogy and dance research in the new millennium. II Dance Science Conference at the Hungarian Dance Academy 6–7 November 2009. Edited by Gábor Bolvári–Takács, János Fügedi, Rita Major, Katalin Mizerák, András Németh. Text editor: Gábor Perger. Hungarian Dance Academy, Budapest 2011.193.p. ISBN 978–963–85144–2–4.
- 7 I. Tradition and innovation in dance, dance education and dance research. Scientific conference at the Hungarian Dance Academy, 9–10 November 2007. by András Németh, Rita Major, Katalin Mizerák, Péter Tóvay Nagy. Text editor: Gábor Perger. Planétás Publishing House – Hungarian Dance Academy, Budapest, 2009. p. 271. ISBN 978–963–9414–21–1.
- 8 Aliza Barak Ressler (2001): *Shout girl, shout!!* Editor: Katalin MIZERÁK PolgART Publishing House, Budapest. ISBN: 9639306282

Expert advisory activities

- 1 Editing, expert and examining activities for the A–level examinations in dance history and exam papers (2016–2022)
- 2 Examination chair functions in the National Qualifications Register (NQF) and Qualification Examination System (2010–2022)
- 3 Katalin MIZERÁK – Györgyné DEMARCSEK, József KERESZTÚRI, Zsófia SZABÓ, Judit GÉCZI–LASKAI, Szilvia GERSÉNÉ KRAUSZ, József BEKÉNYI, Ildikó RÁCZ, György BOKOR, Rita MEZEI, László STACHÓ, Attila TAMÁS, Andrea PURNÉ ORHA (2017): *SUPPLEMENTARY GUIDE to the Guide to the Qualification System for Teachers for the Interpretation of User Documentation developed by the Educational Authority. Basic art education.* (I. Puppet and Performing Arts Branch. II. Fine and Applied Arts Branch. III. Dance Arts Branch. IV. Music Arts Branch.) The publication was prepared by the Educational Authority under the SROP–3.15 / 12–2012–0001 – within the framework of the priority EU project “Support for Teacher Training”. The fourth improved version. 25 October 2017 https://www.oktatas.hu/pub_bin/dload/unios.../Szakszolgalat_negyedik.pdf
- 4 Expert tasks in the preparation of the Portfolio Guide for the Teacher Career Model in Primary and Secondary Art Education (2014–2015)
- 5 Provision of counselling and training of trainers for primary and secondary art education in the Pedagogical Career Development System (2014–2015)

- 6 Katalin MIZERÁK (2013): *Evaluation of primary and secondary art education in the light of changes in dance teacher training*. The volume of studies under publication is coordinated by the Association of Art Secondary Schools in cooperation with MAMOSZ and MZMSZ, on the initiative of the Ministry of National Resources and the development of a comprehensive concept of art education in cooperation with the Directorate for Vocational and Adult Education of the National Labour Office. <http://www.musza.hu/letoltesek/ekvivalencia2013.pdf>

Publications

- My publications in MTMT (Catalogue of Hungarian Scientific Works) (link) <https://m2.mtmt.hu/api/author/10013269>

Contacts

University residence

- Building: Hungarian University of Physical Education and Sports Sciences, 1123 Budapest, Alkotás u. 42-48., K2 Budapest, Hungary Postal: 1525 Pf. 69
- Room: 1st floor / room O3
- Phone number(s): +30 240-1885
- E-mail address: mizerak.katalin@tf.hu

Other professional profiles

- LinkedIn:
- MTMT:
- Scholar:
- Other(s):

