



Zsófia Tróznai

- Research fellow
- Research Center for Sport Physiology
- Year of birth: 1975

Qualifications, academic degrees

University degrees

- Faculty of Physical Education and Sports Science in the Hygiene Teacher Training Program, Semmelweis University Budapest, 2005
- Faculty of Teacher Training College in the Physical Education Teacher Program and Recreation Program, Eötvös Loránd University, 2002

Professional career

Previous and current jobs, positions and titles

- 2019 Research fellow, Hungarian University of Sports Science, Research Center for Sport Physiology, Budapest
- 2016–2018 Research fellow, Sports Science and Diagnostic Laboratory, University of Physical Education, Budapest
- 2012–2016 research fellow National Sports Centers, Budapest
- 2002–2012 assistant, National Youth Education Institute, Budapest

Awards, titles, honours

- (2000/2001 and 2001/2002) Republic Scholarship
- 2000 International Scientific Student Conference, special prize

In sports:

- Racketlon World Championship (xd) 2nd place (2007) 3rd place (2012)
- Hungarian Championship, individual, 1st place (2007, 2009)
- Five-ball team 1st place (more than 10 times between 2001–2020)
- Badminton Austria Bundesliga II. 2nd place (2008) and 3rd place in team (2009)
- "Most successful foreign player of 25 years" title with the Austrian badminton team from Klosterneuburg (2011)
- Badminton National Individual Championship 2nd place (mx) (2001)

Language skills

language	speaking skills	writing skills	reading skills	do you do media appearance?
English	intermediate level	intermediate level	intermediate level	no

Research, expert activities

Major subjects and topics taught

- Human Biology
- Badminton
- Table tennis

Field and discipline

- Sport Science
- Health Science

Current research topics

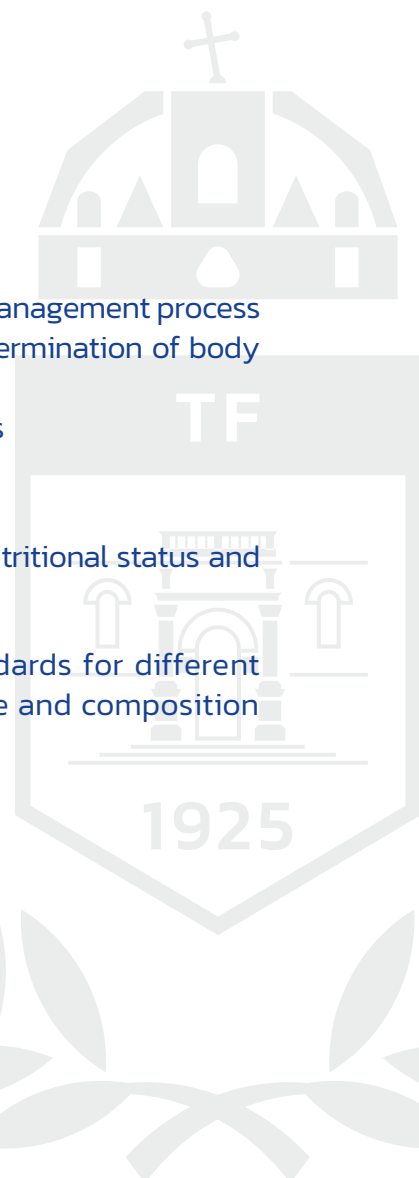
- Examining factors determining the selection and talent management process in handball: the relative age effects analysis and the determination of body structure criteria
- Applicability of the 3D Vitus Smart Body Scanner in sports

Former research topics

- Examining physical development, biological maturity, nutritional status and motor performance of children (7-18 years old) in Jászág
- Collecting data to establish normative data and standards for different sports. Identifying size groups, patterns of body shape and composition to determine the characteristics of each sport.

Membership of a scientific or professional organisation or body

- Hungarian Society of Sport Science



Publications

- My publications in MTMT (Catalogue of Hungarian Scientific Works)
<https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=authors10027192>

Contacts

University residence

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- Room: 11
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Other professional profiles

- MTMT:
<https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=authors10027192>
- ORCID ID: <https://orcid.org/0000-0002-4020-6447>
- ResearchGate: <https://www.researchgate.net/profile/Zsofia-Troznai>

