



Zsuzsa Olexó M.D.

- Research assistant
- Department of Health Sciences and Sport Medicine
Management mandate:
- Year of birth: 1959

Qualifications, academic degrees

University degrees

- 1985: Medical Doctor, MD, Semmelweis University Budapest, Faculty of Medicine
- 1993: Bsc in Mathematics, Eötvös Loránd University, Budapest, Faculty of Science

Academic degrees and titles

Professional career

Previous and current jobs, positions and titles

- 1985- Hungarian University of Physical Education, Department of Medical Sciences – Research assistant
- Semmelweis University, Faculty of Sport Sciences, Department of Health Sciences and Sport Medicine – Research assistant
- Hungarian University of Sports Science, Department of Health Sciences and Sport Medicine – Research assistant -ongoing

Public activities at the university (board memberships, leadership positions)

Key study trips, missions

- 1986-87: Research fellow in Österreichische Institut für Sportmedizin, Vienna

Awards, titles, honours

- 1997: Certificate of Merit of the Hungarian Society of Sports Medicine



Language skills

language	speaking skills	writing skills	reading skills	do you do media appearance?
English	B1	B1	B1	-
German	B2	B2	B2	-

Research, expert activities

Major subjects and topics taught

- Biological basic knowledge
- Biochemistry
- Exercise physiology
- Prevention, health sciences

Field and discipline

- Physiology, sportphysiology
- Medical Sciences
- Health Sciences

Current research topics

- Exercise is medicine
- Evaluation of Physical activity in healthy individuals and patients
- Prevention of cardiovascular diseases

Former research topics

- Echocardiographic characteristic of athletes

Key research

- Physiological background of exercise and physical activity
- Scientific expert in the VEKOP-2.1.1-15-2016-00103 Project: „The role of physical activity in cardiology rehabilitation, measurement of fitness levels with an application. Development of ambulatory cardiology rehabilitation protocol, development of support technologies with ICT equipments and evaluation of their effectiveness

Membership of a scientific or professional organisation or body

- Hungarian Society of Sport Science
- Hungarian Society of Sports Medicine
- Hungarian Society of Nutrition



Editorial board memberships and positions

- Hungarian Review of Sports Medicine – editor
- Periodically reviewer at the Hungarian Sports Science Review

Expert advisory activities

- Scientific expert in the VEKOP-2.1.1-15-2016-00103 Project

Publications

- My publications in MTMT (Catalogue of Hungarian Scientific Works) ([link](https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=10022293&view=dataSheet))
<https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=10022293&view=dataSheet>
- international and Hungarian articles: 17
- Cumulative impact factor: 18,98
- Independent citations: more than 70
- Hirsch index: 5

Contacts

University residence

- Building: L5
- Room: 105
- Phone number(s):
- E-mail address: olexo.zsuzsa@tf.hu

Other professional profiles

- LinkedIn:
- MTMT:
- Scholar:
- Other(s):

