

Univerza v Ljubljani



SLOVENIAN SWIMMING ASSOCIATION

Current system of swimming education in Slovenia

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From the last population screening in 1992 were people were asked about their swimming knowledge it was estimated that about **25% of population was not able to swim!!!**

However



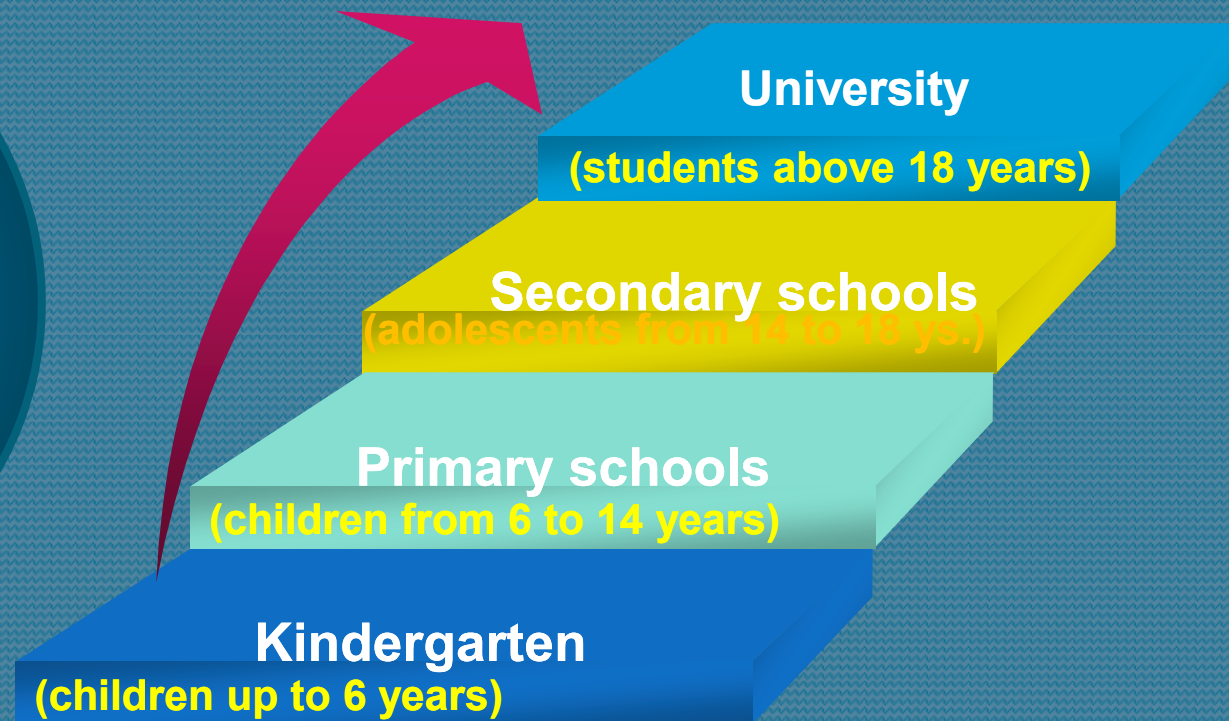
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graph TD; A([System of swimming education in Slovenia]) --> B[System of swimming education in schools on different levels (institutional system)]; A --> C[Civil society system of swimming education];
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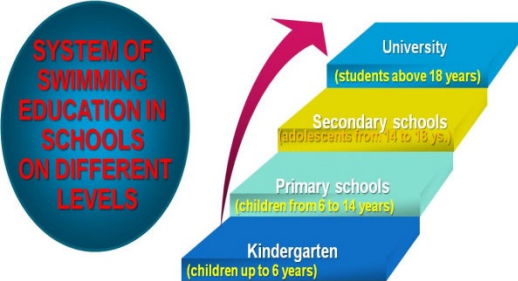
System of swimming education in Slovenia

System of swimming education in schools on different levels (institutional system)

Civil society system of swimming education

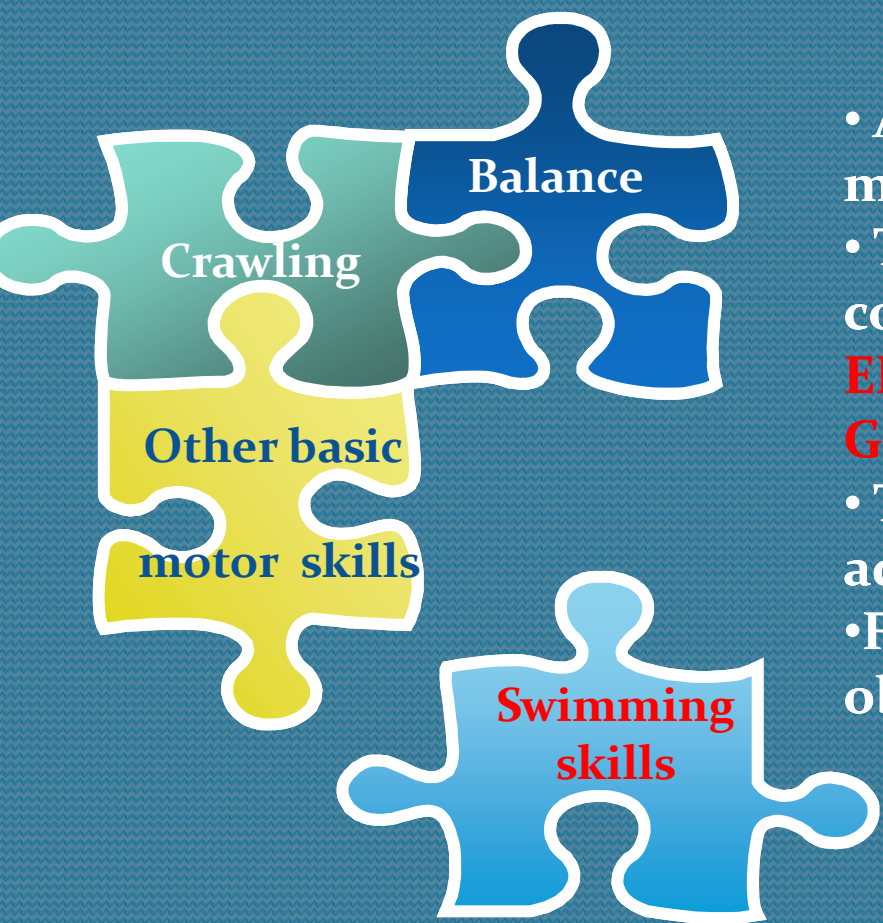
SYSTEM OF SWIMMING EDUCATION IN SCHOOLS ON DIFFERENT LEVELS



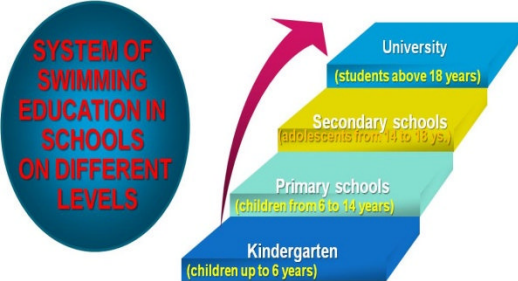


Kindergarten

(children up to 6 years)



- **ADAPTATION TO THE WATER** is part of major subject in curriculum: **MOVEMENT**
- The main aim of usually 10 hours long course of adaptation to the water is to **ENJOY** in the water and to develop correct **GLIDING** through the water.
- The main tool is **PLAY** with many adapted toys
- Financed by local authorities, not obligatory.



Primary schools
(children from 6 to 14 years)

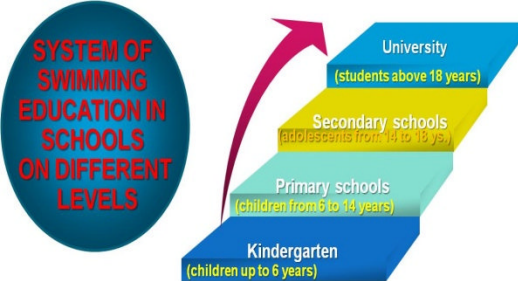
SWIMMING IN THE CURRICULUM OF ELEMENTARY SCHOOLS

- First triad (20-hours swimming course (from 1998))

The aim of the course is that each pupil is at the end able to swim at least **25 meters** in one of the swimming techniques.

Obligatory swimming course for all pupils in the schools.

Financed partially by the government and partially by the local authorities.



Primary schools
(children from 6 to 14 years)

SWIMMING IN THE CURRICULUM OF ELEMENTARY SCHOOLS

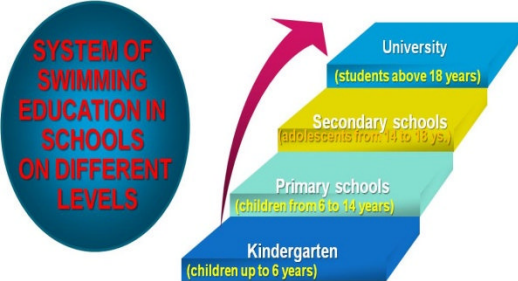
- Second triad (5 to 7 days long summer camps with swimming education and other activities called School in the nature)

The aim of this additional course is that each pupil is at the end able to swim at least **50 meters** in one of the swimming techniques starting with **dive**.

Organised by the schools. It is not obligatory swimming course however almost all schools are practicing camp.

Usually the camp is organised at the sea side.

Financed partially by the parents, government and by the local authorities.



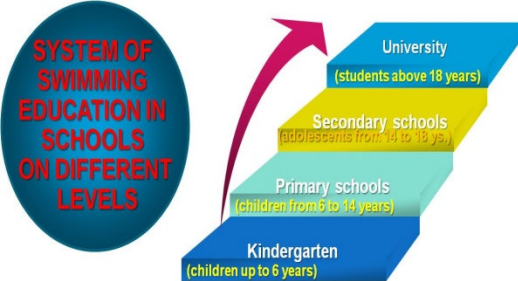
Primary schools
(children from 6 to 14 years)

SWIMMING IN THE CURRICULUM OF ELEMENTARY SCHOOLS

- Third triad (additional examination of swimming knowledge; for those who are considered to be non-swimmers additional swimming courses are organised)

The aim of this additional swimming course is that each pupil is at the end able to swim at least **50 meters** in one of the swimming techniques starting with **dive**.

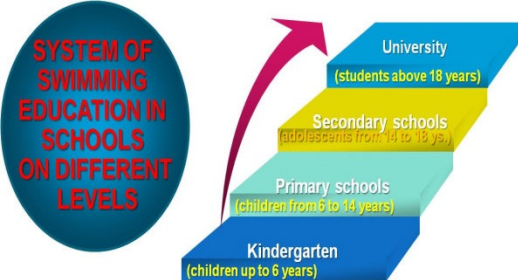
Organised only for those who are not able to swim 50 meters
Financed by the government and by the local authorities.



SWIMMING IN THE CURRICULUM OF SECONDARY SCHOOLS

- Swimming programs and some water sports offered by the schools:

Optional sports program
Sports days
Sports afternoons
School in the nature (summer camps)



SWIMMING AT THE UNIVERSITIES

- Students of Faculty of sport (45 obligatory + 60 + 180 hours)
- Faculties of education (45 hours option)
- Other faculties (3 ECTS option)

WHO IS IN SLOVENIA EDUCATED AND/OR QUALIFIED PERSON FOR SWIMMING EDUCATION

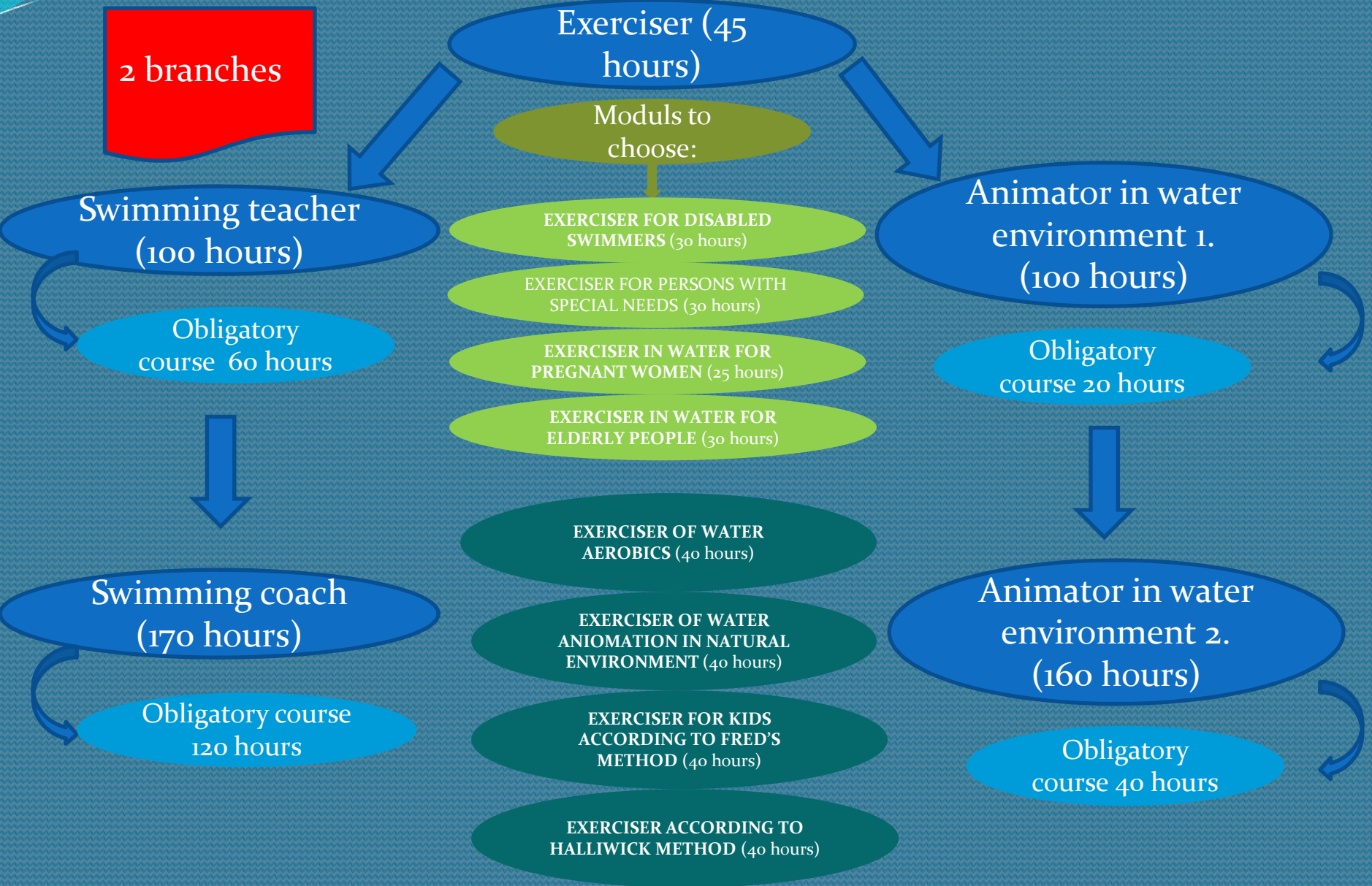
EDUCATED (University):

- Graduated coaches (3 years study)
- Professors of physical education (4 years study)

QUALIFIED (Slovenian swimming federation):

- Exerciser (45 hours course)
- Swimming teacher (100 hours course)
- Coach (170 hours course)

SYSTEM OF EDUCATION OF SLOVENIAN SWIMMING ASSOCIATION SWIMMING INSTRUCTORS



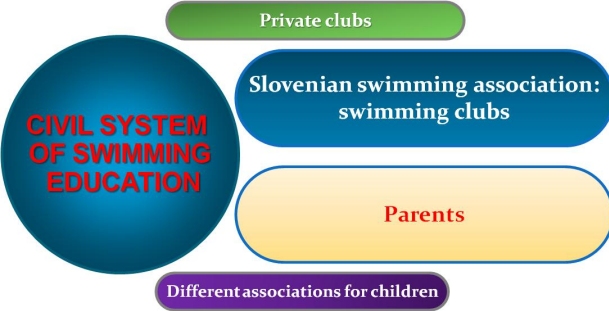
**CIVIL SYSTEM
OF SWIMMING
EDUCATION**

Private clubs

**Slovenian swimming association:
swimming clubs**

Parents

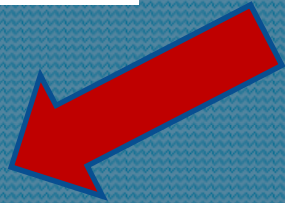
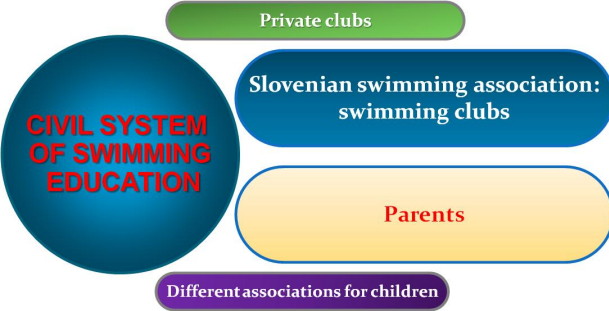
Different associations for children



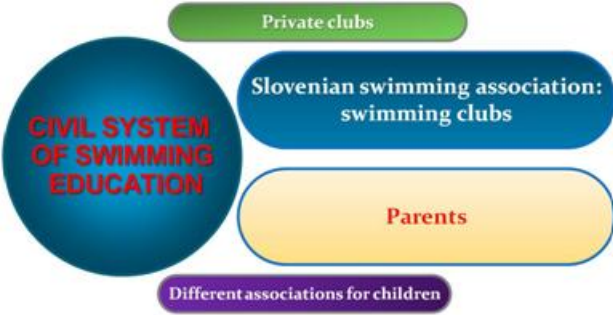
Slovenian swimming association: swimming clubs



- Together with Faculties responsible for education of different swimming level instructors.
- All swimming clubs have different level of swimming courses from basic to advanced.
- Slovenian swimming association organise swimming courses and practice for all population (also disabled swimmers and those with special needs, for senior population,....)



- In 1992 it was estimated that 60% of children had first swimming education by the parents, however because of changes of swimming education system this % decreased.
- We emphasize that all the parents who teach swimming have basic knowledge of swimming education (through literature and videos).



- From 1992 and specially in last decade we have large increase of private clubs.
- Usually they are not in collision with swimming clubs since they are oriented mostly in swimming education and recreational swimming.
- Private clubs are 100% financed by the parents and partially by local authorities.



Different associations for children



- **Association of the Friends of the youth:** they organise swimming courses usually during summer holidays and during summer camps. Mostly oriented to children with low social background.
- Partially financed by the government, local authorities and in low part by the parents.
- **Scouts:** during summer camps they include also swimming in their programs

Rating scale for evaluation of (non)swimmers knowledge and swimming ability

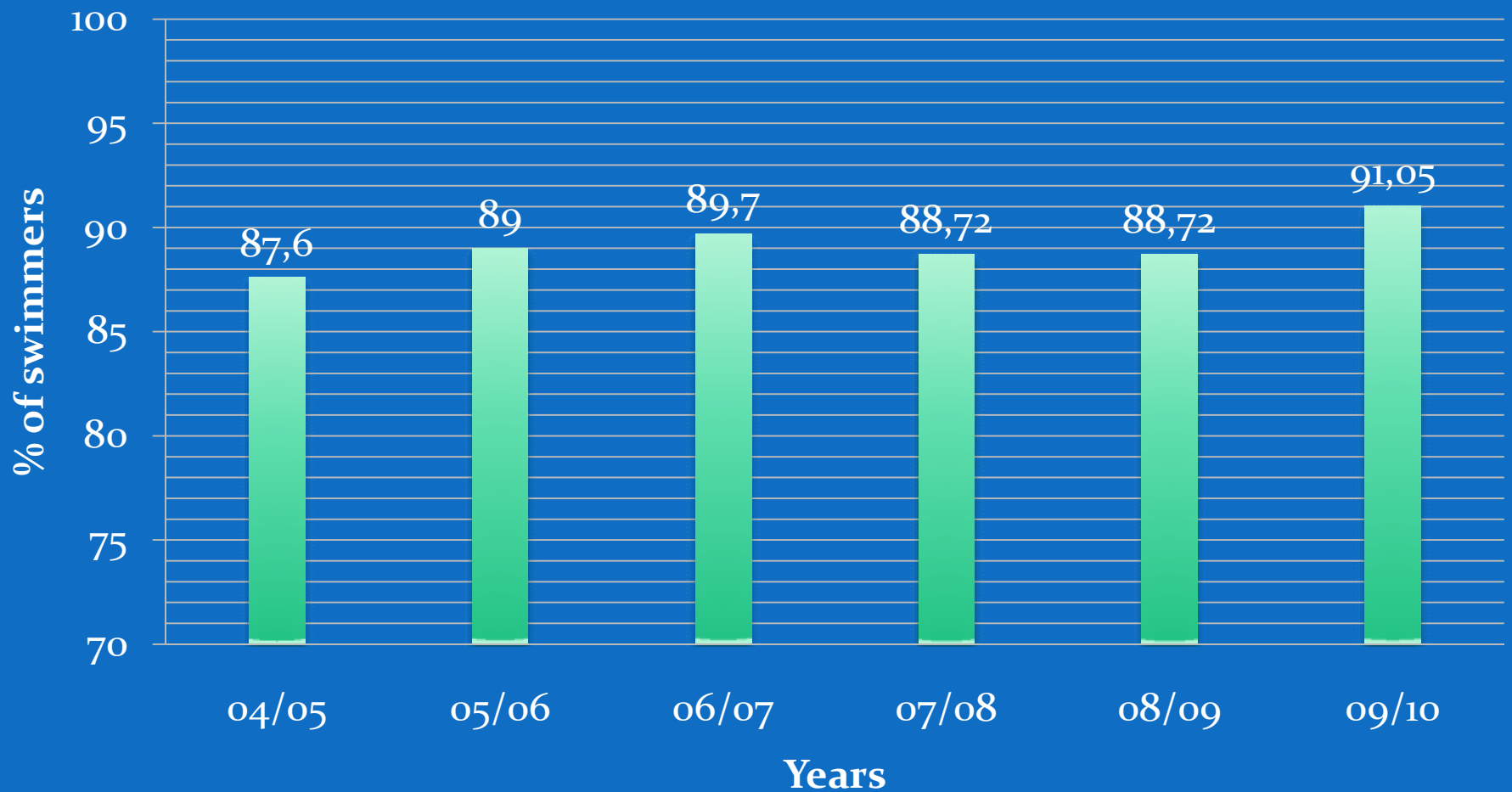
Numerical order	DESCRIPTIVE ORDER	NAME
0	Non swimmer, not adapted to the water	
1	Non swimmer, adapted to the water at level 1: able to glide on the water surface for 5 seconds	Bronze seahorse
2	Non swimmer, adapted to the water at level 2: able to swim 8 m on the water surface or underwater	Silver seahorse
3	Non swimmer, adapted to the water at level 3: able to swim 25 m	Gold seahorse
4	Non swimmer, adapted to the water at level 4: able to swim 35 meters with diving	Dolphin



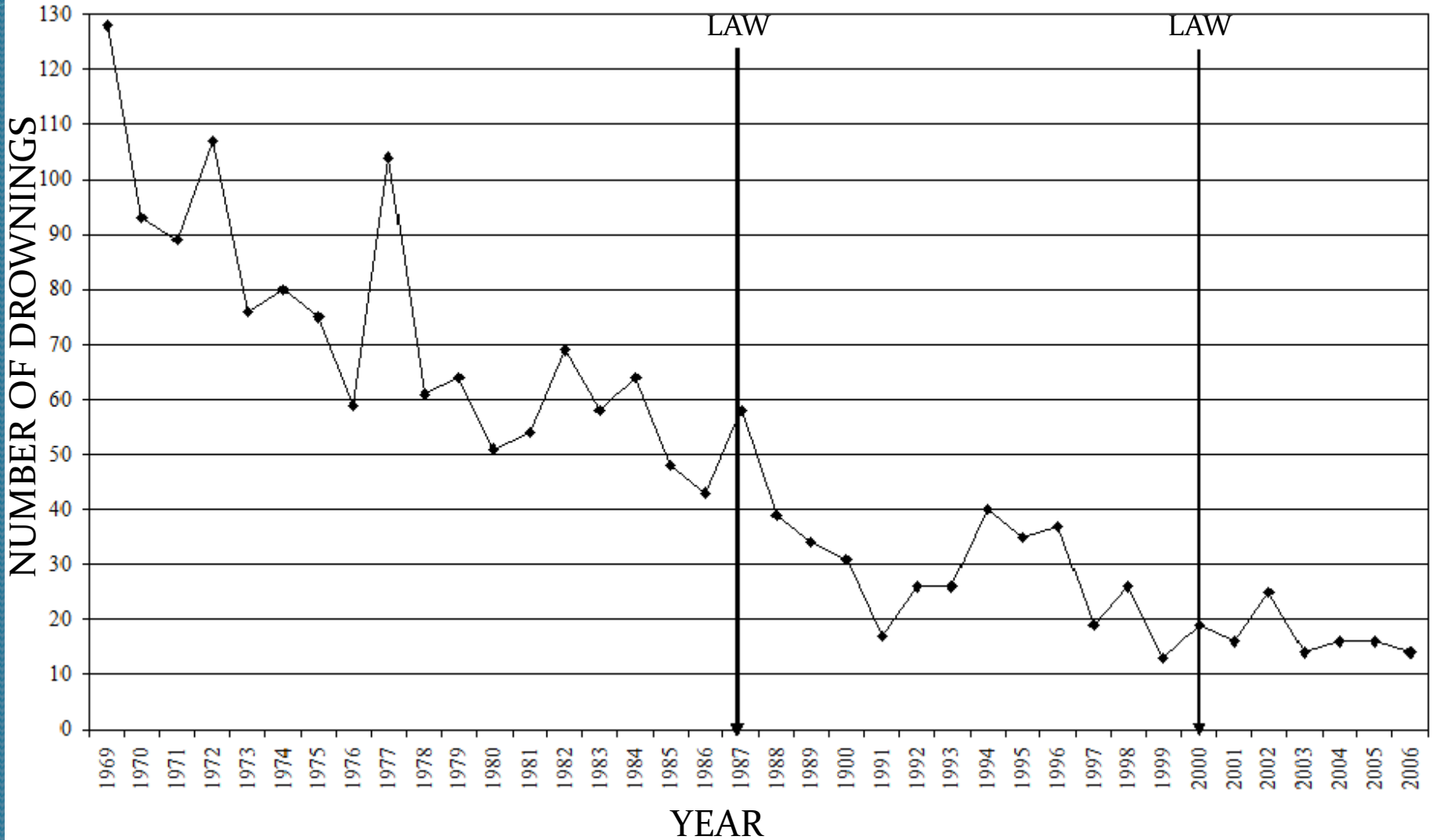
Rating scale for evaluation of swimmers knowledge and swimming ability

Numerical order	DESCRIPTIVE ORDER	NAME
5	Swimmer, swimming level knowledge 5: able to swim 50 m and does security exercises with diving	Bronze dolphin
6	Swimmer, swimming level knowledge 6: able to swim 50 m or 100 m respectively in fixed time, dependent on age and sex and if he swims 10 minutes continually	Silver dolphin
7	Swimmer, swimming level knowledge 7: able to swim 150 m medley (breast stroke, backstroke, crawl) in fixed time, dependent on age and sex	Gold dolphin
8	Swimmer, swimming level knowledge 8: able to masters many pretentious swimming and rescuing knowings and abilities.	Dolphin rescuer

Percent of swimmers in Slovenian schools in last 6 years



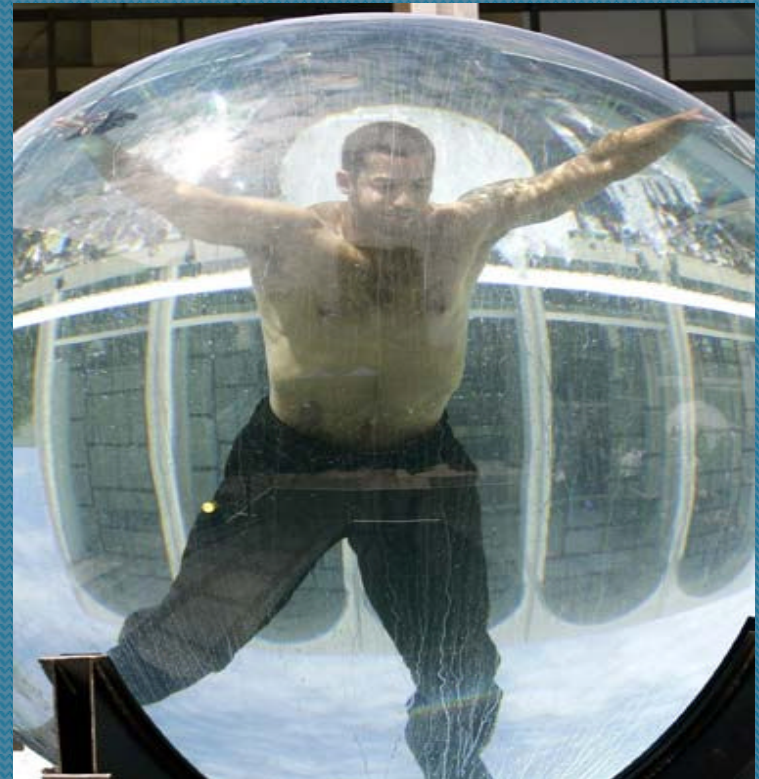
Number of drownings per year



We can conclude that all the efforts in swimming education of particularly children resulted in decreased number of drownings!

This is why swimming education is so important!!!

Thank you for your attention



AND OF COURSE ENJOY IN THE WATER!!!!