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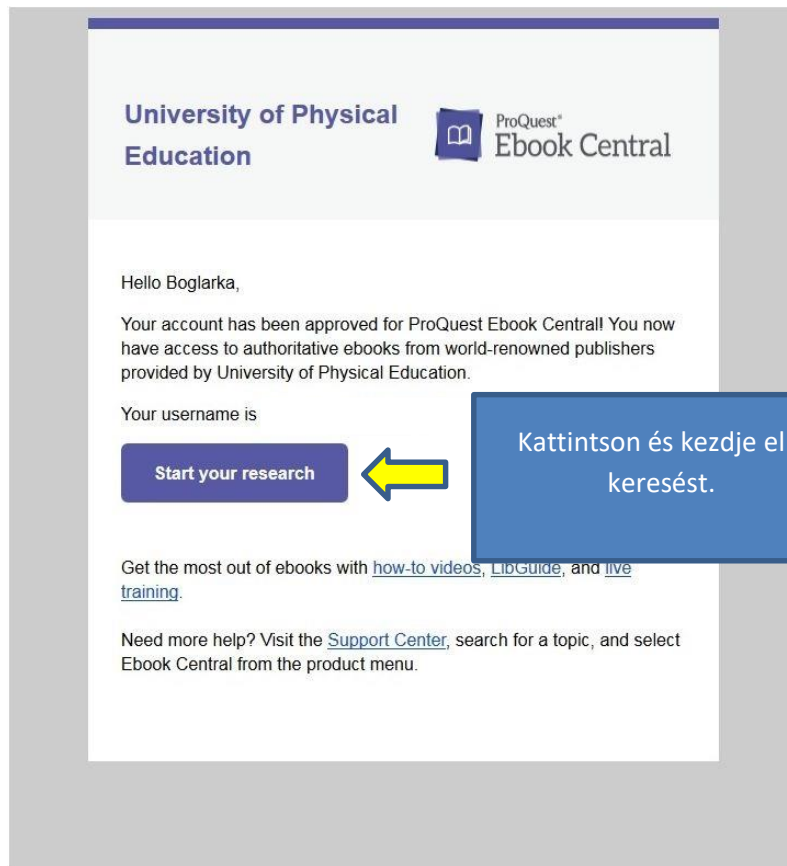
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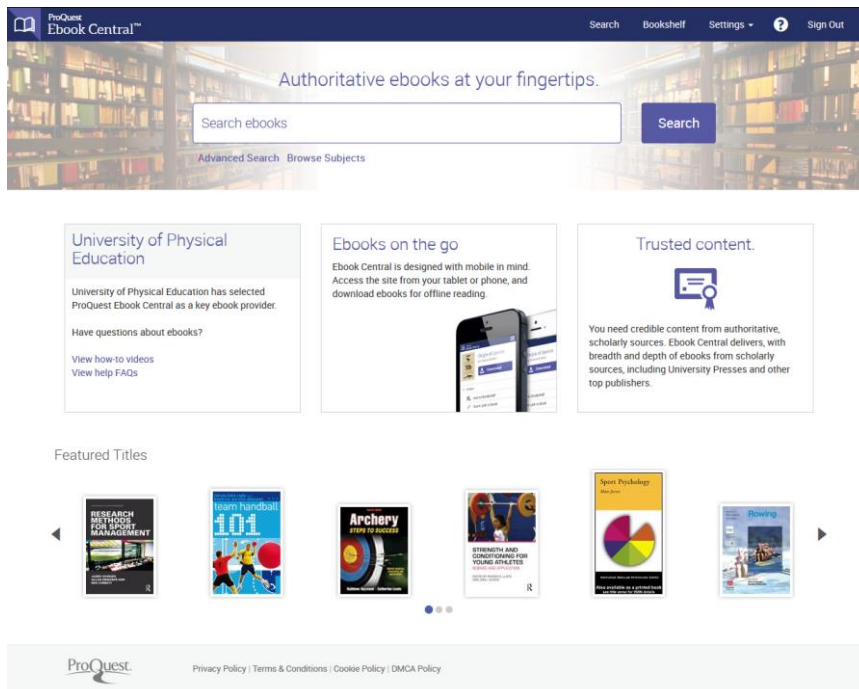
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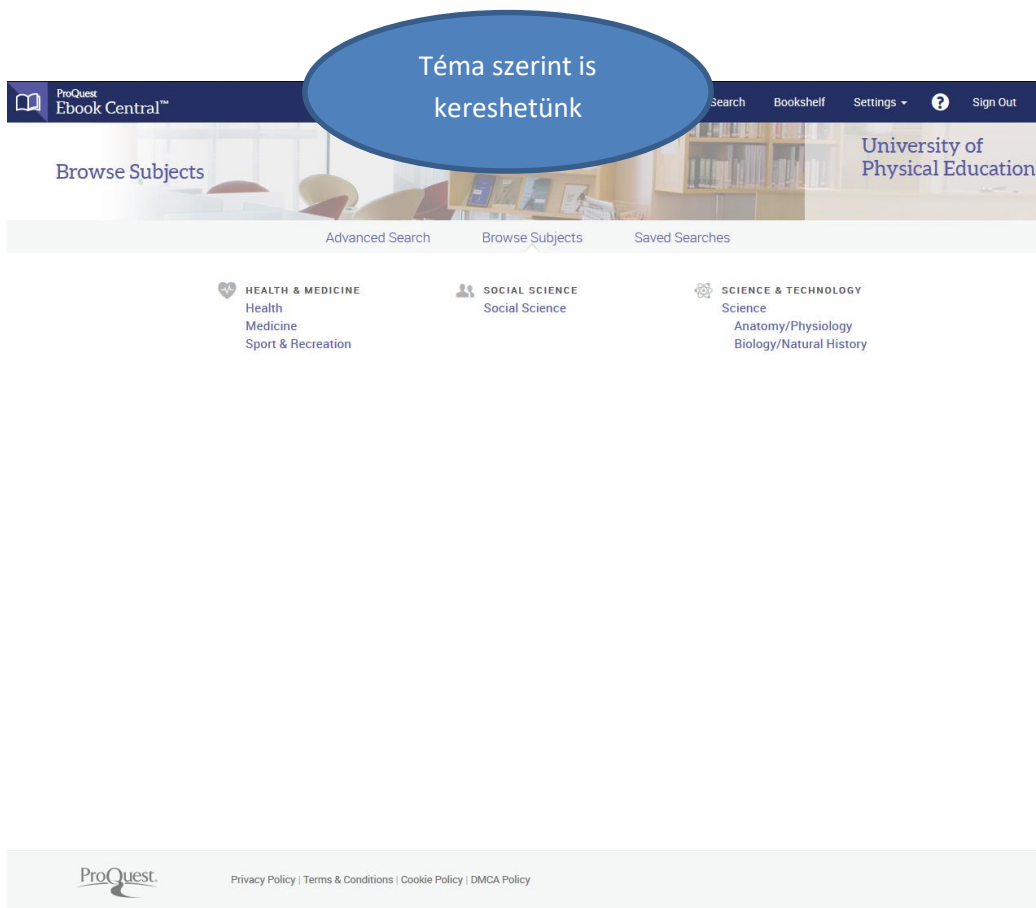
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by Ennis, Catherine D.

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- Acknowledgments
- ▶ Introduction
- ▶ Part I Designing and conducting physical education research
- ▶ Part II Curriculum theory and development
- ▶ Part III Curriculum policy and reform

BIBLIOGRAPHIC INFO

TITLE	Routledge Handbook of Physical Education Pedagogies
SERIES	Routledge International Handbooks
PUBLISHER	Taylor and Francis
PRINT PUB DATE	2016-08-05
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- ▶ Part IV Adapted physical activity

Tartalomjegyzék

PART IV

Adapted physical activity

Introduction

Many physical educators realize that the educational process is intricately tied to health and developmental parameters (e.g., motor, physical, affective, cognitive, etc.) integrated into school curricula. Students with disability, for instance, show an increased risk for poor health due to sedentary lifestyles and are routinely deprived of opportunities to practice sports and engage in exercise programs. Segregation's insidious effects reach well beyond school environments, limiting access for individuals with disability and, due to society's discriminatory attitudes, impact every aspect of our complex communities.

Pedagogical practices are continuously influenced by politics, human rights movements, globalization of messages, cultural differences, and economic constraints. Societal and individual beliefs sometimes have contradictory influences in the context of schools and institutions and in different countries. On the one hand, on many occasions beliefs have become political movements that have positively impacted laws and school policies, methods, technology, and accessibility. Conversely, cultural beliefs often have reinforced stereotypes and prejudice against disability that can make entire societies resistant to change. Worldwide, these "mixed" contexts result in academic training that is disjointed, reflecting a reality of economic and cultural bias.

The issues of *diversity and inclusion* in the field of education require new theoretical viewpoints to meet the demands of the twenty-first century. In Chapter 14, I present a *dynamic systems* perspective and apply it to contexts of practices in adapted physical activity (APA) (e.g., developmental and recreational activities, sports activities, etc.). A goal of this chapter is to explain how to promote and facilitate full participation in various programs of physical activity for students with disability. In APA teaching contexts, it is vital that teachers follow principles of maximum participation and non-sedentary engagement. As the main guiding requirement for developing teacher and professional competencies, the principles of dynamic systems theory can help educators design meaningful pedagogical practices for PE activities. This chapter reconciles medical knowledge and advances and scientific evidence, with disability rights recommenda-

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PUBLISHER	Taylor and Francis
PRINT PUB DATE	2013
EBOOK DATE	
LANGUAGE	English
PRINT ISBN	9781138820999
EBOOK ISBN	9781317589518
PAGES	683
LC SUBJECT HEADING	
LC CALL NUMBER	
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- Key terms
- 1 Overview of rules
- 2 Brief history of Handball
- 3 Handball techniques and skills
- 4 Training in Handball

BIBLIOGRAPHIC INFO

TITLE	101 Team Handball
SERIES	101 Drills
LANGUAGE	English
PRINT ISBN	9781472901804
EBOOK ISBN	9781472901828
PAGES	192
LC SUBJECT HEADINGS	Handball. Team handball.
LC CALL NUMBER	[GV1017.T4 -- R338 2015eb]
DEWEY DECIMAL NUMBER	796.327
DOCUMENT TYPE	Book

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Individual tactical actions in attack

Individual tactics in attack include getting open, drawing in a defender, getting past the opponent, looking for a chance to score, anticipating the actions of the opponent and limiting long passes. Every court player has several possible individual tactics including moving in the free space; effective, timely passes; monitoring the reactions of the opponent and drawing attention to his own actions; choosing a move that facilitates the action of the teammate; choosing the finalising action for the offence; choosing the trajectory of the shots; analysing specific situations (such as goalkeeper position/placement in goal) and determining the way the offence will be run.

The modern handball game is characterised by the speed of the attack. The purpose of the attackers is twofold: firstly, to defeat the defenders through surprising actions; secondly, to move effectively on court to handle the ball, and do this by collaborating with each other.

Passing the ball is the key to success. Through repeated passes, a powerful corridor is created. The involvement of the pivot is powerful enough to stop over several defence zones only if a corridor was created. The ball is thrown with high speed, with more advantages to the team than disadvantages. Excessive passing speed and the defender, protection of the ball will be paramount and this forces the attacker to put his body between the ball and the opponent.

The players who throw the ball from the wing position must widen the throwing angle to give them the chance to beat the goalkeeper. They will alternate powerful and lob shots over the goalkeeper, depending on their position.

A szöveg másolása

Jegyzet írása

Cancel Save

Individual tactical actions in attack

Game tactics consist of individual tactical actions with and without the ball; collective tactical actions of collaboration between two or more players; team-specific collective tactical actions.

Individual tactics in attack include getting open, drawing in a defender, getting past the opponent, looking for a chance to score, anticipating the actions of the opponent and limiting long passes. Every court player has several possible individual tactics including moving in the free space; effective, timely passes; monitoring the reactions of the opponent and drawing attention to his own actions; choosing a move that facilitates the action of the teammate; choosing the finalising action for the offence; choosing the trajectory of the shots; analysing specific situations (such as goalkeeper position/placement in goal) and determining the way the offence will be run.

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The players who throw the ball from the wing position must widen the throwing angle to give them the chance to beat the goalkeeper. They will alternate powerful and lob shots over the goalkeeper, depending on their position.

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FOREWORD The main aim of 101 Team Handball: Techniques, tactics and drills is to provide a useful

Key to drills

Key terms

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2 Brief history of Handball

3 Handball techniques and skills

1 results on page 14 in Figure 8). Figure 6 Defenders adopting a high fundamental position 14 101 Team Handball

Figure 6 Defenders adopting a high fundamental position

14 101 Team Handball

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by Radu, Felicia Lidia Abalasei, Beatrice Aurelia

PUBLISHER Bloomsbury Publishing

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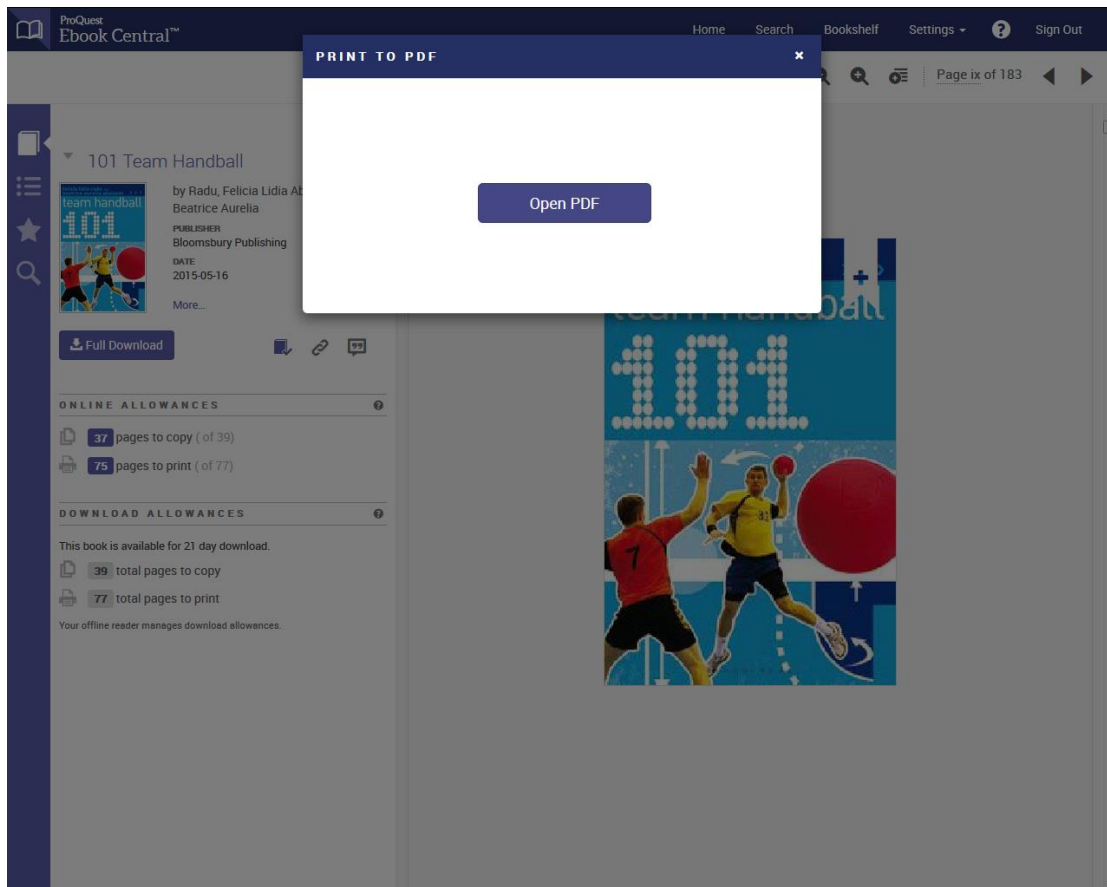
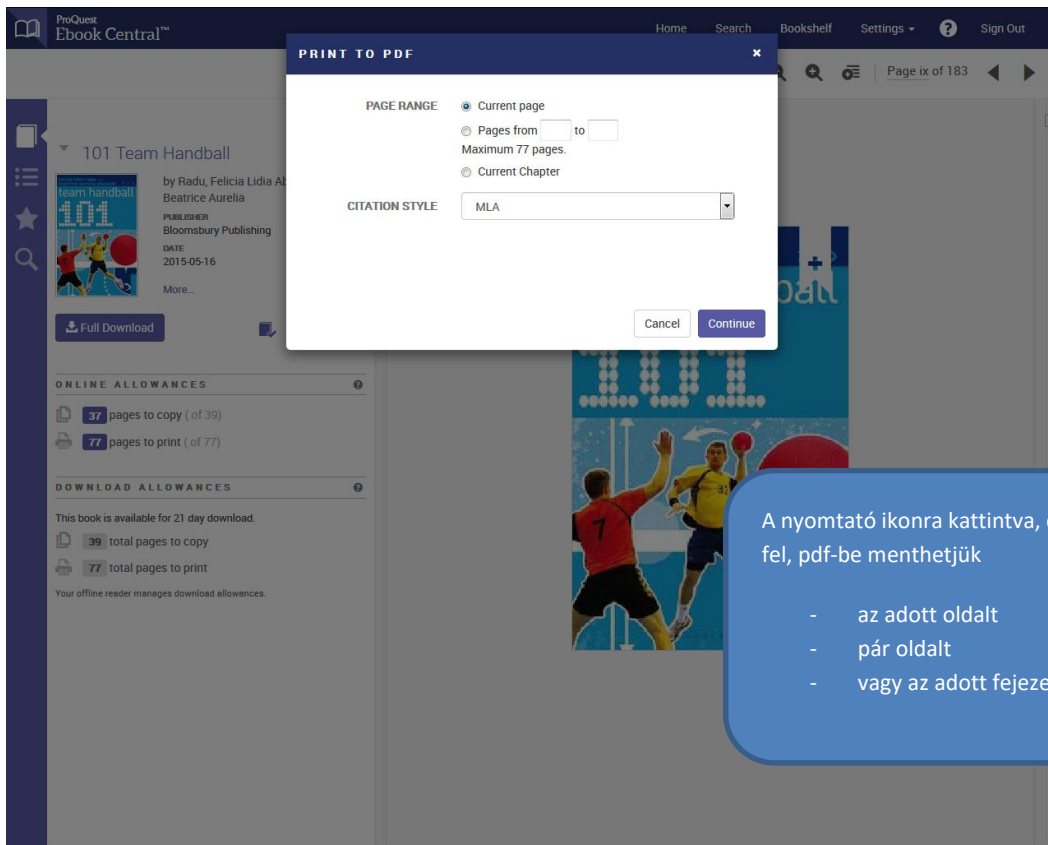
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TITLE	101 Team Handball
SERIES	101 Drills
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AUTHORS	Abalasei, Beatrice Aurelia Radu, Felicia Lidia
PUBLISHER	Bloomsbury Publishing
PRINT PUB DATE	2015-05-16
EBOOK PUB DATE	N/A
LANGUAGE	English
PRINT ISBN	9781472901804
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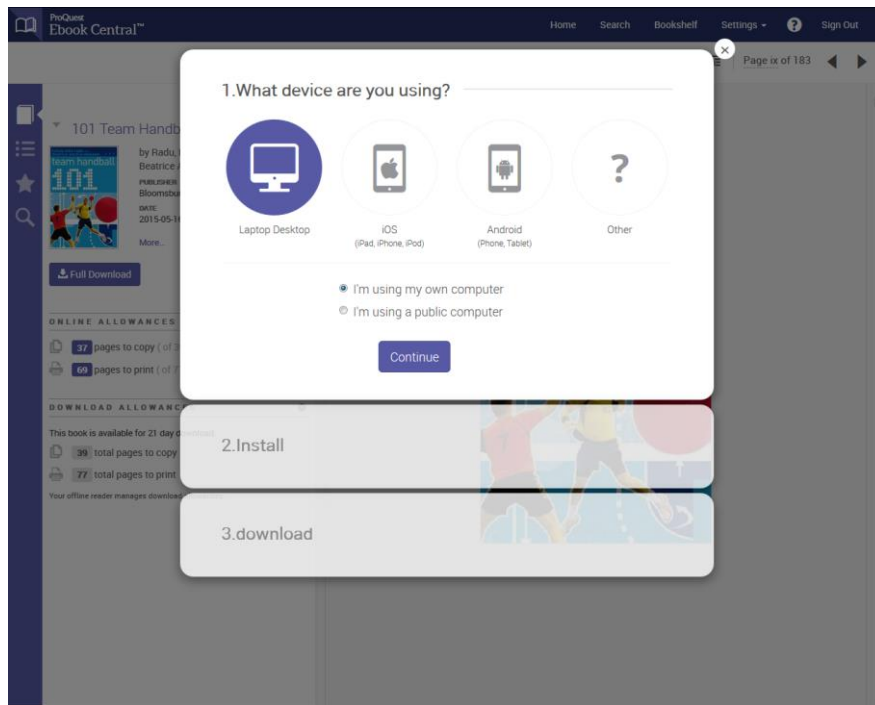
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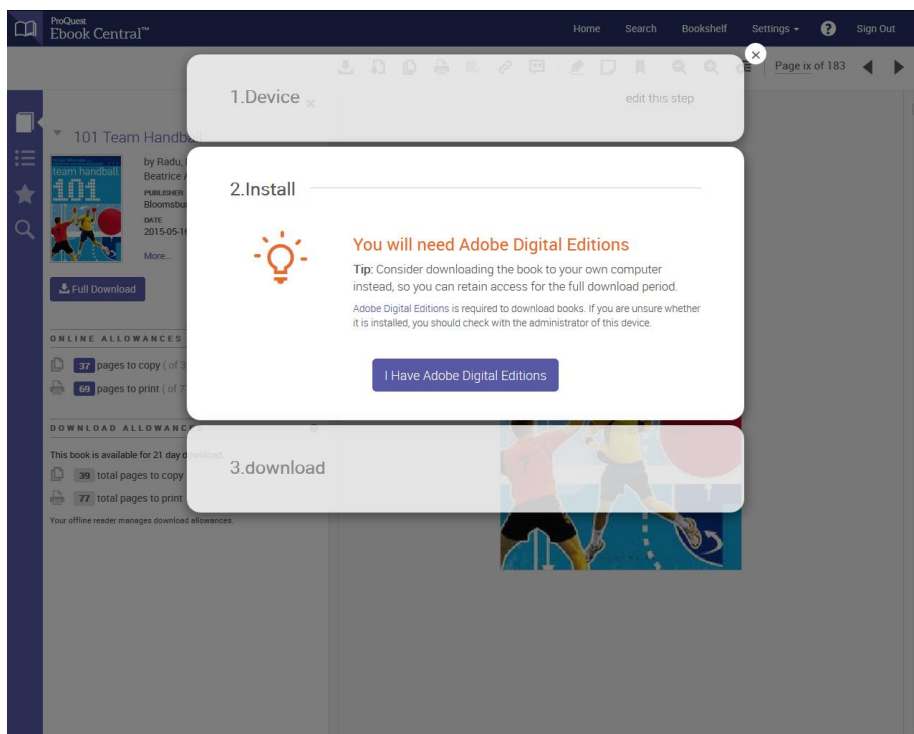
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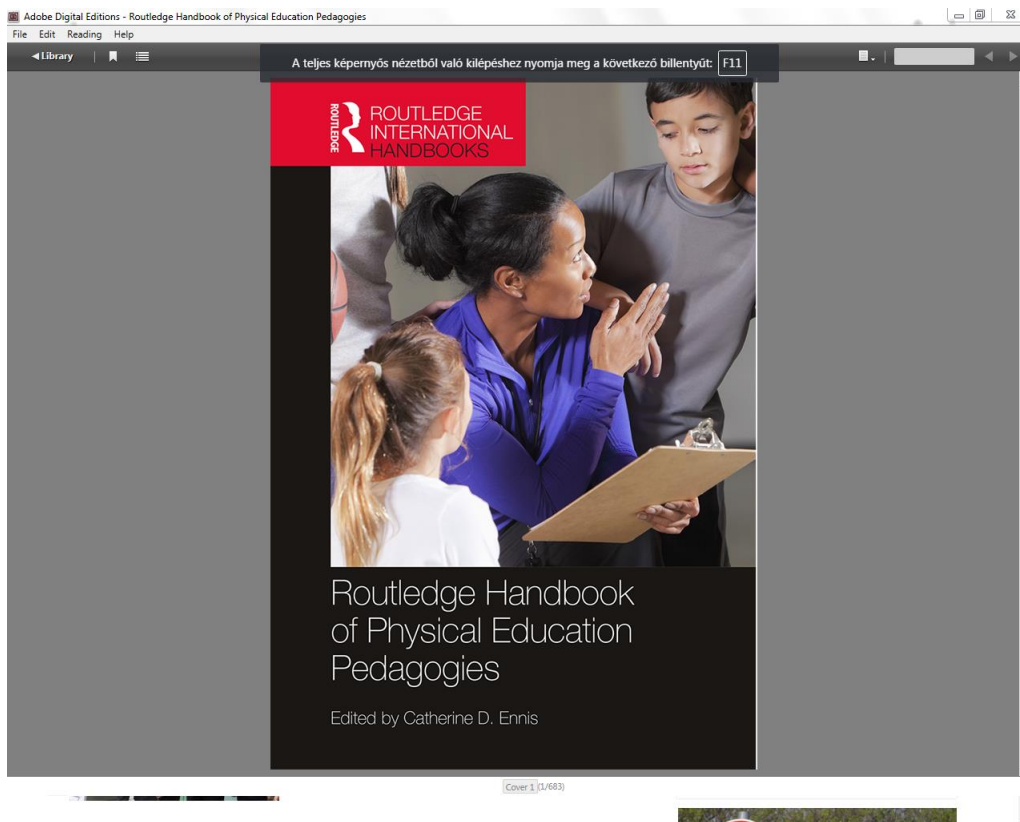
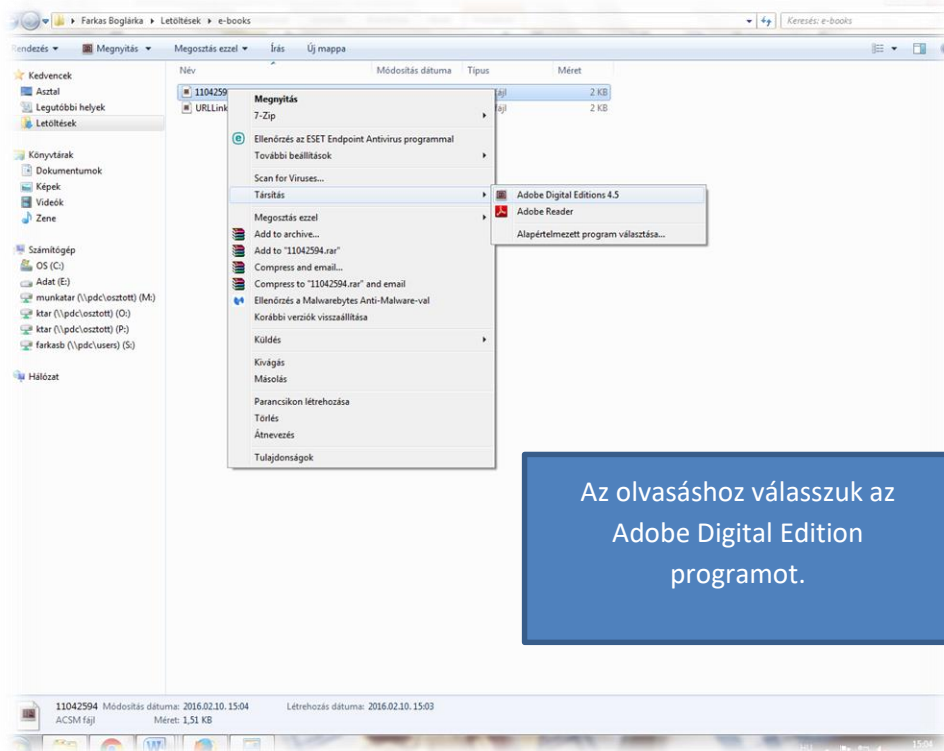
TITLE	Routledge Handbook of Physical Education Pedagogies
SERIES	Routledge International Handbooks
PUBLISHER	Taylor and Francis
PRINT PUB DATE	2016-08-05
EBOOK PUB DATE	N/A
LANGUAGE	English
PRINT ISBN	9781138820999
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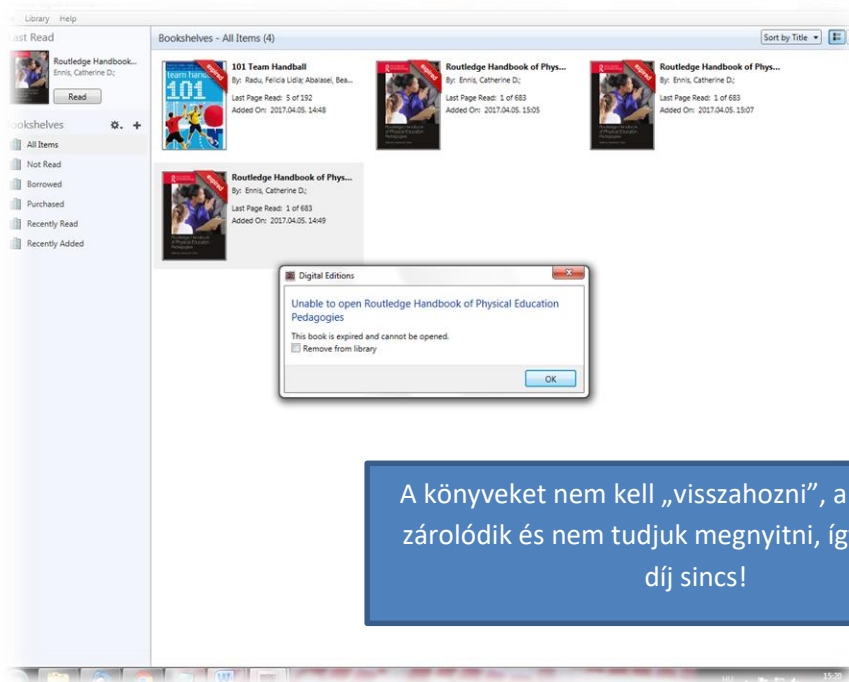
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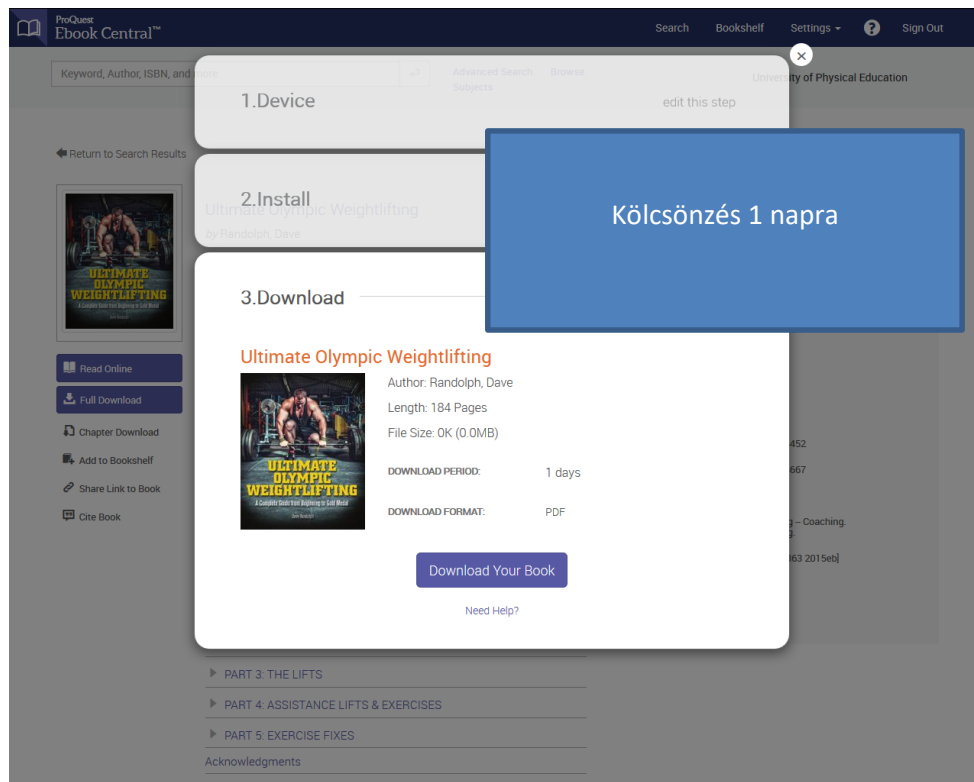


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AUTHOR

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TITLE	Ultimate Olympic Weightlifting
SUBTITLE	A Complete Guide to Barbell Liftsandndash,from Beginner to Gold Medal
AUTHOR	Randolph, Dave
PUBLISHER	Ulysses Press
PRINT PUB DATE	2015-07-07
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