



Zoltan Boros

- *Basketball Teacher, PhD student, Hungarian University of Sports Science, Budapest Department of Sport Games*
- *Head of the basketball specialist group:*
- *Year of birth: 1970*

Qualifications, academic degrees

University degrees

- *M.Sc. in Physical Education Teaching, Hungarian University of Physical Education, Budapest, Hungary (4798/1993)*
- *B.Sc. in Basketball Coaching, Hungarian University of Physical Education, Budapest, Hungary (3418/1997)*

Academic degrees and titles

Professional career

Previous and current jobs, positions and titles

- *Basketball Teacher, PhD student, Hungarian University of Sports Science, Budapest Department of Sport Games*
- *Basketball Coach, Honvéd Budapest Basketball Club*
- *Assistant coach, Hungarian Men's Basketball National Team*
- *Professional Basketball Player*
- *88-time Hungarian National Basketball Team Player*
- *5-time Hungarian basketball champion*

Public activities at the university (board memberships, leadership positions)

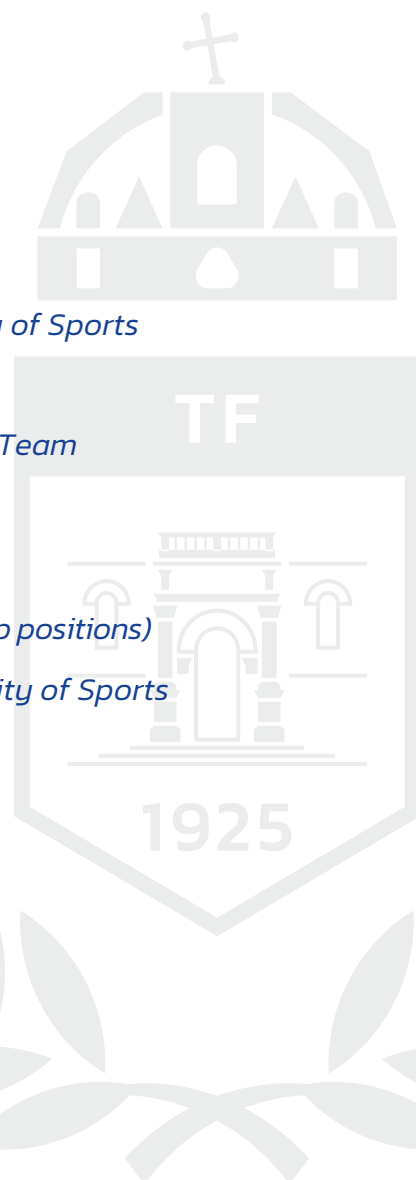
- *Coach of Men's Basketball Team of Hungarian University of Sports Science*

Key study trips, missions

- *Field trip, University of New Mexico*
- *Field trip, Deutsche Sporthochschule Cologne*

Awards, titles, honours

- *Member of Hungarian Basketball Hall of Fame*



Language skills

language	speaking skills	writing skills	reading skills	take part in a media event?
English	advanced	advanced	advanced	yes
Hungarian	advanced	advanced	advanced	yes

Research, expert activities

Major subjects and topics taught

- *Sports theory and practice (Basketball)*
- *Executive coaching specialties (Basketball)*
- *Teaching methodology of sport games (Basketball)*
- *Basics of ball games (Basketball)*

Field and discipline

- *Basketball Training theory*
- *Basketball Practice and match analysis*
- *Basketball Teaching methodology*
- *3x3 Basketball*

Current research topics

- *Decision-making in Basketball regarding technical and tactical, furthermore shooting selection and efficiency aspects*
- *Examination of differences between traditional Basketball and 3x3 Basketball*

Former research topics

- *Examination of the role change of the position of basketball players*

Key research

Membership of a scientific or professional organisation or body

Editorial board memberships and positions

Expert advisory activities

- *Basketball TV commentator, M4, Sport1*



Achievements as a basketball coach

- 2016 1st place, Hungarian Women's Basketball University Championship
- 2016 3rd place, 3x3 Basketball Women's University World Cup
- 2017 1st place, Hungarian Women's Basketball University Championship
- 2019 1st place, Hungarian Men's Basketball University Championship
- 2022 1st place, Hungarian Men's Basketball University Championship

Publications

- Boros, Z.; Toth, K.; Csurilla, G.; Sterbenz, T. A Comparison of 5v5 and 3x3 Men's Basketball Regarding Shot Selection and Efficiency. *Int. J. Environ. Res. Public Health* 2022, 19, 15137. <https://doi.org/10.3390/ijerph192215137>
- Szabó, Domokos és Boros, Zoltán és Ökrös, Csaba és Sterbenz, Tamás és Tóth, Kata (2022) End game analízis – győzelem indikátorok vizsgálata a kosárlabda mérkőzések kritikus időszakában = End Game Analysis – Examination of Victory Determinants in the Critical Periods of Basketball Games. *MAGYAR SPORTTUDOMÁNYI SZEMLE = HUNGARIAN REVIEW OF SPORT SCIENCE*, 23 (4). pp. 40–47. ISSN 1586–5428
- Sterbenz, T., Boros, Z., (2021). Támadás stratégiai háttere kosárlabdázásban, in. *Stratégia és taktika 2.* (szerk. Sterbenz) 81–107, Testnevelési Egyetem, Budapest
- Boros, Z., Világi, K., és Sterbenz, T., (2018) A 3x3 kosárlabda statisztika vizsgálata a dobások kiválasztása és hatékonysága szempontjából, *Magyar Sporttudományi szemle*, 19 (77), 5–11–17
- Boros, Z. és Sterbenz, T. Középjátékosok, centerek távoli dobásainak jelentősége, avagy ma már mindenkinek van hárompontos dobáskísérlete a kosárlabdában, *Testnevelés Sport, Tudomány*, 2017, 2(3), 18–28. DOI:10.21846/TST.2017.3.2

University residence

- Building: K2
- Room: I/19.
- Phone number(s): +36209363600
- E-mail address: boros.zoltan@tf.hu

Other professional profiles

- LinkedIn:
- MTMT:
- Scholar:
- Other(s): ORCID ID 0000–0002–2223–5578

